

MENTAL HEALTH RESOURCES LIST (updated 3/08/22)

Provided by: Gulf Bend Center MHMR
6502 Nursery Dr, Suite 100
Victoria, TX 77904
(361) 575-0611

NOTE: This is by no means a comprehensive list of resources in our community. 211 is the number to call 24 hours a day/7days a week for additional resources in your area. For more, please look at the following website: www.211texas.org

TABLE OF CONTENTS

Psychiatrists	p. 2-3
Counselors & Psychotherapists	p. 3-7
Free Counseling services	p. 7
Behaviorial Health Centers	p. 8-11
Substance Abuse Treatment	p. 11-13
Support Groups	
Teen Support group	p. 13
Alcohol & Alanon	p. 13-14
Drug & Other Addictions	p. 15
Physical Conditions	p. 15
Alzheimer's/Grief/Covid 19	p. 16-17
Celebrate Recovery	p. 17
Victims of Assault	p. 17-18
Military Supports	p. 18-19
FAYS Program	p. 19
Parenting	p. 19
Relationships	p. 20
Gay, Lesbian, Bisexual & Transgender	p. 20
Autism	p. 20
Crisis Lines	p. 21
Health Departments	p. 22
Texas HIV/STD clinic/info line	p. 22
Smoking Cessation	p. 22
COVID Testing locations	p. 23
Mother & Child Program	p. 24
Pregnancy	p. 24
DNA Testing	p. 24
Area MD's that accept Medicaid	p. 24
Area dentists that accept Medicaid	p. 24
General Dental Assistance	p. 25
Area Hospitals/Clinics/ CPR classes	p. 26-27
Prescription Assistance	p. 27-28
Food Assistance	p. 29-30
Housing/Shelter	p. 31-32
Utilities/Clothing	p. 33-34
Transportation	p. 34
Social Security Assistance	p. 35
GED/ESL	p. 35-36
Employment Assistance	p. 35-36
Birth Certificate, ID	p. 37
Sleep Disorders	p. 37
Walk-In Clinics	p. 37-38
Vision and Hearing-Impaired	p. 38-39

PSYCHIATRISTS

Victoria Psychiatric Associates

Dr. R. Lyman (Ages 17 and up)

2710 Hospital Drive, Suite 202, Victoria, TX 77901

(361) 579-1388

Accepting private pay only.

Believe Behavioral Health

(Ages 4 and up)

(361) 894-8734

1402 Village STE A, 77901, Victoria, TX

Case Management Services are delivered within the community, home, & school environment.

Veteran's Clinic (Victoria VA Outpatient Clinic for VETERANS ONLY)

Dr. Elizabeth John, Psychiatric Services

1502 East Airline, Suite 40, Victoria, TX 77901

(361) 582-7700

*****Veteran's Crisis Hotline – 800-273-8255*****

Outpatient Medical Services also provided (some spouses of veterans eligible NO CHILDREN)

Crossroads Psychiatry

Kourtne Roberts, MD

3809 John Stockbauer, Ste A, Victoria, TX

Ph# 361-703-5026

*Accepting new patients. Accepts most major medical insurances except -No Medicare or Medicaid. Does offer cash rates.

Dr. Fisher (Disability and Social Security Evaluations ONLY)

2705 Hospital Dr # 300

Victoria, TX 77901

(361) 578-8633

One-time visits ONLY

Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)

101 W Goodwin Ave #901, Victoria, TX 77901

(361) 576-9700

*Ages 21 and up; Accepts most major medical insurance, Medicare and cash pay. Does not accept Medicaid. (Does not see Dementia or Alzheimer).

Psychiatrists Outside of Victoria

Dr. John Hopper (sees both children and adults 3 and up)

101 N Magnolia St., Rockport, TX 78382

(361) 729-5357 Fax: (361) 727-2036

Sees both medical and psychiatric patients; Accepts most private insurance and private pay, Medicare, Medicaid, no sliding scale

Psychiatric Consulting Services

Dr. N. Praderio (Geriatric Psychiatry Specialty but sees ages 20 and up)

817 Ayers, Corpus Christi, TX 78404

(361) 887-9600

Serving Beeville, Corpus Christi, Kingsville and Victoria

Accepts private insurance, *Medicaid*, Medicare, and some private pay

Gulf Coast Center MHMR

Dr. J. Eades-Serves Galveston County (Ages 18 and up)

Dr. G. Schlagenhauf-Serves Brazoria County (Ages 18 and up)

Gulf Coast Center MHMR (Children's Services Department also available)

MH Adult / MR Services

1-800-643-0967

MH Child

1-877-226-8780

Accepts private pay, private insurance, *Medicaid*, and Medicare

COUNSELORS & PSYCHOTHERAPISTS

The Counseling Center

Laurel Graham, LPC

Dr. Josephine E. Kee-Rees LPC.

1501 E. Mockingbird Ln. #575

Victoria, TX 77904

(361)575-4351

Medicaid and most major insurance

New Beginnings Counseling Services

Rick Torres, LPC (age 7 and up)

Gail Spurgeon, LPC (12 and up)

Cheryl Green, LMSW-ACP (18 and up)

Ginger Corn, M. Ed., LPC (3 and up)

Danna Harrison, LPC (6 and up)

1501 E. Mockingbird, Suite 262

Victoria, TX 77901

(361) 570-8900

*Accepts ages 3 and up varies by provider.

Medicaid, Medicare and most major medical insurance. They offer Bilingual Counseling.

Victoria Counseling Services LLP

David Hensley, Ph.D.

Vidal Guevara, LPC-S, LPA, LSSP

Sara Serrano, LPC

Daniel Rodriguez, LPC

Megan Moore, LPC

2002 Commerce St., Suite C

Victoria, TX 77901

(361) 570-1444

Medicaid and most major medical insurances. They offer Bilingual Counseling.

*ages 4 and up

New Directions Counseling

Kim Stanfield, LPC

Michelle Chavez, LPC

Otilia Chavez, LPC

Heritage Mark Building

5606 Navarro, Suite 202

Victoria, TX 77904

(361) 485-0755

Medicaid and Private insurance. No Medicare. They offer Bilingual Counseling.

*age 6 and up

New Life Professional Counseling

Janie Odem M. ED. LPC, RPT

Individual, Marriage, and Family counseling

Play therapy, ages 6-12

3904 John Stockbauer, Suite 111

Victoria, TX 77904

Office: (361)-894-6830; Cell: (361)-564-6789

All Major Insurance and Medicaid Accepted; *Daytime and Evening Availability and *Bilingual in Spanish

Reclamation Counseling Center (also offers Drug Counseling and Anger Management)

*Several counselors available

506 Glasgow

Victoria, TX 77904

(361) 576-3385

Medicaid and most major medical insurance. *Anger Management is cash pay class

Age 3 and up.

James Foos PsyD- Psychologist

108 Chimney Rock Dr, Victoria TX

361-676-8627

Gonik & Associates, Clinical Psychology and Behavioral Services

Uri Gonik, Ph.D. (ages 18+)

Cleva Schoener, LPC

2003 Patterson, Victoria, TX 77901

(361) 575-5021

Ages 16 & above only/Accepts *Medicaid*, Medicare & Private Insurance (will see some younger patients on a case-by-case basis)

Heritage Program GERO (Depression, Anxiety, Aging, and Loss of Independence) Groups

Refugio Memorial Hospital

Barbara Nurre

Mark Fitzsimmons, LPMSW

(361) 526-2321, Ext 203

107 Swift, Refugio TX 78337

(For Seniors, Age 65 and above-will also see younger patients), Accepts Medicare and Private Insurance Part B (Port Lavaca and Edna services as well)

Crossroads Counseling

Karen Redus, Ph.D. (ages 2+)

104 Kelley Dr. Ste D, Victoria, TX 77904

(361) 574-9911

Fax: (361) 574-9985

Medicare, *Medicaid*, private pay and most insurance; Offers ADHD testing, IQ/Adaptive testing

Sharon Stubblefield, Ph.D., LPC

401 West Brazos Street, Victoria, TX 77901

(361) 575-1049

Individual, Marriage, Family & Couples Counseling; grief & bereavement

Ages 18 and up

**Only Private Pay

Next Step Counseling and Education Center

Delores White, MA, LPC

Jacob Weishuhn, LPC

Sally Tixier, LPC-intern

Tammy Hogan, LCDC

4702 N. Laurent, Suite D, Victoria, TX 77904

(361) 572-0202

Medicaid and most major medical insurances; Income based sliding scale

*Will not turn people away for ability to pay per clinic.

Cornerstone Counseling

Jill O'Neill, LPC

Kim Wilgus, LPC

Robert Bell, LPC

Sherry Chambliss, LPC

101 Goodwin, Suite 422, Victoria, TX 77901

(361) 485-0925

Medicaid

Teletherapy Ages 13 and up

Kollette Tolbert, LPC

Offers Free Consultation before first sessions, Medicaid and Private Insurance

Tuesday 9-6; Wednesday 9-7; and Thursday 9-6

Ph: 361-437-0462 Fax: 3.61-214-2861

Email: KTolbertlpc@KolletteTolbertCounseling.com

Veteran's Clinic

Tony DeBona, LMSW

4206 E. Retama, Victoria TX 77901

(361) 582-7708

*Veterans only

Speak Freely Counseling Services, LLC

Brandie McCray, MA, LPC, LCDC

5606 N. Navarro St. Ste 300H, Victoria TX 77904

361-485-6645 Office; 361-465-2000 Mobile

brandiemccray@speakfreelycounseling.com or www.speakfreelycounseling.com

Gulf Bend Center – Port Lavaca office

Located in Port Lavaca; 1200 N. Virginia St

{Teletherapy also available}

(361) 482-0427

\$100 per hour; Individual, couples, and family psychotherapy services for adults, children and adolescents; psycho-educational services *Medicaid*, most private insurance, private pay Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria County residents only

Psychological Wellness Center (ages 5+)

Burton A Kittay, Ph.D

5402 Holly Rd. Ste 104

Corpus Christi, TX 78411

(361) 992-2244

Office in Corpus Christi ONLY; Accepts private pay, most private insurance, Medicare, *Medicaid*. *Anxiety, PTSD, Depression, (family, marriage, and couples counseling)*

Stable Life Counseling Center, LLC (child, adolescent, adult, family)

Christian Counseling, Horse Assisted Counseling)

Shirley Johnson, LBSW, LPC (Equine Therapy)

32 Bailey Dr., Victoria, TX 77901

(361) 485-0899

Private pay only

Mission Psychology-Neuropsychologist

Robert Thompson, Ph.D.

Sarah Moehrig, Psychological Associate

303 E. Airline Rd. Suite #2

Victoria, TX 77901

806-401-1633 or 361-203-4620

Open Arms Counseling

Whitney Miller, LPC; Rachel Turner, LPC, RPT

901 S Wells St., Edna, Tx 77957

361-336-2348

New Horizons

Sara Konvicka, LMSW; Joseph Smullen, LCSW; Chrissy Wagner, LMSW

1200 Carl Ramer Dr.

Yoakum, Tx 77995

361-293-2321

Located at Yoakum Community Hospital. Specializes in Geriatric Care. Accepts Medicaid, Medicare, Supplementary Insurance, and Private Insurances are accepted. Assistance is available for those who qualify.

Barbara Bowman LPC

Cuero, Tx

361-243-0287

Available on Saturdays and some evenings.

No Charge Counseling Services

The South Texas Children's Home-Family Ministry

Lorraine Turner, MA-LPC (Director)

Multiple Counselors

3506 N. Ben Wilson, Ste #F

Victoria, TX 77901

(361) 575-5151---Victoria

(361) 991-8680---Corpus Christi

Christian Counseling Services *ages 4 and up

Provides short-term only Individual, Marriage, & Family Therapy—Play therapy available for children; Primary focus on stress, anxiety, depression --- MUST call first to determine eligibility.

www.stch.org

****MAY HAVE WAITING LIST UP TO TWO MONTHS OUT*******

Methodist HealthCare Ministries-Counseling Services

Stephanie Espinosa, LCSW and Cameo Mead, LPC

Counseling and PTSD

361-739-3891

Call for local Address

Serving: Victoria, Port Lavaca, Point Comfort, and Edna. Help people- who are uninsured; under insured; low income and unable to afford counseling services or access to treatment. Also has private practice after hours and some weekends. Private pay. Phone number for private practice is 512-925-1391.

The Wellness Community

Relationship Support Group for individuals, couples, families

Lane Johnson, LPC-S

Stan Schweke Certified Peer Support Specialist

1109 N. Nimitz

Victoria, TX 77901

361-703-5133

Mon 6-7pm

Wednesday 12-1pm

Emmaus Center Catholic Diocese

1008 N. Laurent St.

Suite 104

361-212-0830

General Counseling, Trauma counseling, youth counseling.

3 regular and two part time counselors

Free for no income/ \$25.00 for those with income

Behaviorial Health Centers

Inpatient hospitals

Corpus Christi

Bayview Behavioral Hospital

6629 Woolridge Rd. Corpus Christi, TX 78414

361-986-8200

Fax: 361-884-1205

Ages: 12-17, 18-54, 55+

Co-Occurring Disorders

Christus Spohn Memorial

2606 Hospital Blvd. Corpus Christi, TX 78505

361-902-4006

Fax: 361-884-1205

Adults 18+ ONLY

(accepts patients with symptoms secondary to dementia)

Richmond

West Park Springs

6902 S. Peek Rd. Richmond, TX 77407

832-299-1687

Fax: 832-757-1006

Ages: 13+

Substance Abuse and Psychiatric

GBC CONTRACT HOSPITAL

Jalena Davis (609)-304-9003

San Antonio

San Antonio Behavioral Health

8550 Huebner Rd. San Antonio, TX 78240

Intake: 210-541-5350

Fax: 210-541-5366

Ages 9-17, 18+

(dementia patients accepted on a case by case basis)

Laurel Ridge Hospital

17720 Corporate Woods Dr. San Antonio, TX 78259

210-491-3591

Fax;210-491-3554

Ages 4-12, 13-17, 18+

(no dementia or memory conditions)

Methodist Specialty Hospital

8026 Flord Curl Dr. San Antonio, TX 78229

210-575-0500

Fax: 210-575-0523

Ages 18+ GeroPsych Unit

(no dementia patients accepted, no detox)

Audie L. Murphy VA Hospital- Veterans Only

7400 Merton Minter San Antonio, TX 78229

210-617-5300 x15617

Requires voluntary admission

Occasional EDW accepted- call to verify

Austin

Austin Lakes Hospital

1025 E. 32nd St. Austin, TX 78705

512-544-5255

Fax: 512-551-4193

Adults 18+

(dual diagnosis accepted, detox allowed)

Austin Oaks Hospital

1407 W. Stassney Ln. Austin, TX 78745

512-440-4800

Fax: 512-440-4840

Ages 7-11, 12-17, 18+ (no GeroPsych)

Cross Creek Hospital

8402 Cross Park Dr. Austin, TX 78754

512-215-3900 Option 1

Fax: 512-215-3188

Ages: 12+ (GeroPsych Unit available)

(dementia patients accepted on case by case basis)

GBC CONTRACT HOSPITAL

Jodie Jude (512)-638-9325

Beaumont

Memorial Herman Behavioral Health

3250 Fannin St. Beaumont, TX 77701

409-212-7019

Fax: 409-833-1325

Ages 6+

(veterans detox, dementia patients accepted)

Cypress

Lonestar Behavioral Health

16303 Grant Rd. Cypress, TX 77429

281-516-6200

Fax: 281-516-6206

(Facility will do their own assessment before acceptance)

Adults 18+

EDW's accepted

(no dementia)

Houston

West Oaks Hospital

6500 Hornwood Houston, TX 77074
713-995-0909 Option 2
Fax: 713-272-9719
Children/Adolescent (5-17)
Adults 18+ (no GeroPsych, no dementia patients)

Cypress Creek Hospital

17750 Cali Dr. Houston, TX 77090
281-586-7600
Fax: 281-586-5903
Adolescents 13-17, 18+ (age 12, case by case)
EDW accepted
(no dementia)

SUN Behavioral Houston

7601 Fannin St. Houston, TX 77054
713-796-2273
Fax: 832-323-1030
Adolescents 13-17, Adult 18+
Substance Abuse and Psychiatric
GBC CONTRACT HOSPITAL
Tobey B. (832)-610-9191

St. Joseph's Hospital

1404 University Blvd Houston, TX 77002
713-757-7512
Fax: 713-356-7959
Adults 18+ (EDW accepted; dementia case by case basis)

Menninger Clinic

12301 Main St. Houston, TX 77035
713-275-5400
Fax: 713-275-5107
Ages 12-17, 18+ (No EDW/PON)
(dementia case by case basis, no active eating disorders)

Intra-Care North Hospital

1120 Cypress Station Houston, TX 77090
281-893-7200
Fax: 281-893-8280
Children, Adolescent, Adults
(no dementia, EDW accepted)

Behavioral Hospital of Bellaire

5314 Dashwood Houston, TX 77081
713-600-9500
Fax: 713-600-9576
Ages 12-17, Adults 18+, GeroPsych
EDW accepted

Bayes Achievement Center

7517 TX-75, Huntsville, TX 77340

936-291-3391

Monica Bayes Criswell 936-714-5783

“Bayes Achievement Center (BAC) is a residential treatment center and day school program serving special needs students with significant behavioral difficulties, ages 6-22... We serve students with a wide range of exceptionalities including autism, emotional and behavioral disorders, and intellectual disabilities. The one characteristic common to all of our students is that the severity of their behaviors prevents them from being successful in less restrictive environments. These behaviors may include serious aggression toward teachers, peers, parents, and siblings, self-injurious behaviors, property destruction, run-away attempts, extreme oppositional and defiant behaviors, intense temper outbursts at home and school, etc.”

Fulshear Treatment to Transition Center

10514 Oberrehder Road, Needville, TX 77461

855-735-2357

Helaine Sandler 818-917-4861

“Fulshear is a treatment to transition program for women in their late teens and early twenties (18-24). Our ranch serves as a necessary step for lasting independent living. Here you will build on your life skills by learning more ways to overcome the struggles that continue to inhibit you from having the life you want for yourself.”

Per Helaine, many of these young women have been diagnosed with a personality disorder, namely borderline personality. For approx. 9-10 months, clients will receive treatment and support as they navigate their mental health and everyday life demands. Most often, insurance does not cover this service, and the daily rate is \$434. Helaine mentioned that if an IND has RTC coverage, there may be some coverage.

SUBSTANCE ABUSE TREATMENT

Adults

Local Agencies:

Treatment Associates – *Can call directly Parole and probation referrals only*

Substance abuse treatment, half-way house

Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient

107 Cozzi Circle

Victoria, TX 77901

(361) 572-3006

(361) 572-3007

Private pay, insurance, Military insurance (e.g., VA, TRICARE)

Spanish speaking available

Billy T. Cattan Recovery Outreach, Inc. – *seen by appointment ONLY*

OSAR- (Tammy – (210-627-3066)

Outpatient, non-profit

Mon. – Thurs. 8:00 – 12:00 noon & 2:00 – 8:00; Friday 9:00 – 12:00 noon

802 E. Crestwood

Victoria, TX 77901

Office: (361) 576-HOPE (4673); Cell: (361) 648-HOPE (4673)

Best Recovery Health Care, Inc.

Methadone Clinic (Lortab, Heroine, etc) – Private pay only
1708 N. Laurent
Victoria, 77901
(P) 572-9122

Alcohol Chemical Treatment Series (ACTS)

Outpatient Classes (Does meet requirements for Probation) Free of charge despite a one-time fee of \$20 for processing of paperwork
Every Monday at 7:30pm
3402 N Main St
Victoria, TX 77901
(361) 573-4726

Regional Agencies:

La Hacienda Treatment Center (Hill Country Area)

Inpatient
FM 1340, P.O. Box 1
Hunt, TX 78024
830-238-4222
800-749-6160
www.lahacienda.com

Basin Detox Systems, Inc. (West Texas) – *Detox only, no referral required*

Inpatient
1-800-317-7818
www.basindetox.com
Medicare/Medicaid (traditional Medicaid only) accepted, private insurance, private pay
Spanish speaking

Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – *Detox and Rehab Service, No referral required, Adolescents (Boys only) & Adult (Male & Female)*

P. O. Box 317
230 Mesa Verde Dr. E (PO Box 317)
Center Point, TX 78010
Located approximately 50 miles northwest of San Antonio
1-800-797-6237 (call for a free consultation)
info@starliterecovery.com
Accepts most major insurance, private pay, NO Medicaid/Medicare

Promises Behavioral Health (Brazos Valley) –

3550 Normand Drive; College Station, TX 77845
888.393.0391

Promises Brazos Valley is a trusted addiction treatment center catering to adults, young adults, and adolescents. We specialize in inpatient and outpatient rehabilitation for those challenged with substance use or co-occurring mental health disorders.
Accepts most major insurances.

Hospitals with SUD Programs:

Cross Creek Hospital
SUN Behavioral
West Park Springs

Children and Adolescents:

Local Agencies:

Midcoast Family Services

Youth Prevention Services

*10 session support group for 1st-5th grades, school districts in Calhoun, Dewitt, Goliad, Gonzales, Jackson, Lavaca, and Victoria counties

120 South Main, Ste. 175

Victoria Tx 77901

361-575-7842

Regional Agencies:

Starlite Drug & Alcohol Rehabilitation

*addiction program for adolescent females ages 13–17.

Detox & Rehab Services (including mental health needs)

230 Mesa Verde Dr. #E (PO Box 317)

Center Point, 78010

(P) 800-797-6237

Teen Support Group- Professionally led

2nd Tuesday of every month on 3rd floor of GBC building.

5:30 – 6:30 pm

(Must be in 9-12 grades) First time joiners we ask to be there at 5:15pm with LAR

Facilitators: Heather Clayton LMSW 361-550-3854 and Ashley Trevino LMSW 361-550-3978

SUPPORT GROUPS (Alcohol)

Alcoholics Anonymous

(361) 788-4534 call for meeting info

Victoria TX 77904

Other area counties available

www.aa.org

ACTS program (Alcohol Chemical Treatment Series)

Meets 7:30-8:30pm Mondays

3402 N. Main

(361) 575-4905; 573-4726

Offers educational classes on drug and alcohol abuse; \$20 initial fee (which can be broken up over time)

North Loop Group Alcoholics Anonymous

7pm Tuesday

Holy Family Catholic Church Education Bldg.

704 Mallete Dr. room 201

Victoria Women's Meeting of Alcoholics Anonymous

Meets 5:30pm Tuesday

The Arc Building 2408 N. Navarro

Non-smoking Alcoholics Anonymous

8pm Monday-Saturday

1408 E. Santa Rosa (next to the American Legion Hall)

Main Stream Group of Alcoholics Anonymous

Noon on Monday-Saturday

The Serenity Building (at the intersection of N. Main and Conti Lane)

6007 B North Main

El Neuvo Dia Alcoholics Anonymous

Tuesday 6pm (Bilingual);Thursday 5:30pm (bilingual);Saturday noon (English);Sunday 2pm (Spanish)

1010 E. Juan Linn

Main Stream

St. Francis Church

3002 Miori Lane Victoria, TX 77901

Solution Group of Alcoholics Anonymous

8:30am Sundays

1908 N. Laurent Suite 100

Christians Against Substance Abuse (CASA) – No Charge

Meets Thurs & Sat @ 7 pm; Central Church of Christ

801 E. Airline, Annex Bldg., Victoria

Church- 361-573-9133

Matt Wooton – 361-655-8282

SUPPORT GROUPS (Al-anon)

www.texas-al-anon.org

Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

The Keep Coming Back Al-Anon Group

Call for meeting times

Education Building of Holy Family Catholic Church

704 Mallette Drive

Victoria TX 77904

361-573-5304

Al-Anon Adult Children of Alcoholics

Call for meeting times

Library of Christ the Victor Lutheran Church

202 Stanley

Victoria TX

(361) 575-4363

SUPPORT GROUPS (drug addiction)

Narcotics Anonymous

Monday, Wednesday, & Friday at 7:00 PM

3310 N. Ben Jordan

Victoria TX

(361) 572-5500—can call here to get list of all meeting, as they sometimes change

Victoria Narcotics Anonymous

7-8pm Monday, Wednesday and Friday

St. Mark's United Methodist Church

3310 N. Ben Jordan

Victoria, TX 77901

SUPPORT GROUPS (other addictions)

Overeaters Anonymous

Call for appointment times

2010 N Navarro, Ste B

Victoria TX

(361) 503-2828

Sex Addicts Anonymous

www.sexaa.org

Emotions Anonymous

6:30 p.m. Tuesdays

Victoria Regional Professional Building

(361) 572-3551

SUPPORT GROUPS (physical conditions)

Bosom Buddies Breast Cancer Support Group/Brown Bag Bunch

4th Thursday at 11:30 am

Incredible Pizza on Navarro

Victoria, TX

Members who wish to eat, lunch is approx \$5

Contact Kathy Davidson at 361-580-1648

DeTar Healthcare System's Lunch Bunch Diabetes Support Group

2nd Tuesday at noon (Lunch is \$5)

DeTar Hospital Navarro in the MEDI Center education classroom

Contact Dottie Bitterly, R.N., CDE at 361-788-6142

Victoria Parents Diabetes Support Group

Meets monthly for support activities with their children

Contact Dottie Bitterly at 361-788-6142 or Pamela Younts at 361-573-7374

Memorial Medical Center's Diabetes Support Group (Port Lavaca)

3rd Monday

Third floor classroom

Contact Amy Day at 361-552-0261

Lupus Support Group

800-809-3953

Victoria Association for Citizens with Disabilities

3rd Tuesday at 7 p.m.

Jaycee Hall: Contact Barbara Brooks at 361-573-7882 or Gary Moses at 361-573-2853

The Gabriel Project

For pregnant women to receive assistance for basic needs, support, and counseling

877-932-2732

SUPPORT GROUPS (Alzheimer's)

Alzheimers Support Group (Cuero)

Every 4th Thursday
2:00 pm – 3:30 pm
First United Methodist Church
Cuero, TX
Contact Bea Smith at 361-275-4828 or 361-275-5242

Alzheimers Support Group (Victoria)

3rd Tuesday; 9 or 9:30 am – 10 or 10:30 am
Homewood Residence at Victoria
9606 NE Zac Lentz Parkway
361-582-2100

SUPPORT GROUPS (grief)

Victoria Compassionate Friends (support to families who have experienced the death of a child of any age by any cause)

2nd Tuesday from 7:00 – 8:30 pm
First United Methodist Church
407 N. Bridge
Contact Doris at 361-573-9886 or Linda at 361-570-8404

Widows, Widowers, and Bereavement Support Group (also see divorcees)

One Tuesday a month (call to exact date) from 7 – 9 p.m.
Trinity Hall, 208 W River St
Victoria, TX
Contact Naomi at 361-578-4175; 361-648-3318

Hospice of South Texas Grief Support Group (for anyone who has suffered a loss)

Runs in 5 weeks sessions, usually meeting at night. There are occasional day sessions.
Different Locations – not just Victoria
605 E Locust
Contact Hospice at 361-572-4300 or 1-800-874-6908

Accolade Hospice

Group and One on One counseling regarding grief
Call for an appointment
222 W Grand Ave Yoakum, TX 77995-2614 – (361) 293-9099

COVID-19 Bereavement Support Group

COVID-19 Bereavement Support Group

Free/Online
10:00 am Saturdays
Email for Meeting link & Forms
JR.Luedecke@gmail.com

CELEBRATE RECOVERY

Faith Family Church

2002 East Mockingbird
Victoria, TX 77901
361-573-2484

FREE Faith-based support groups, training sessions, and Saddleback Church program to address multiple issues: *chemical dependency, victims of abuse (physical, emotional, sexual), depression, loss of loved ones (removals from home, break-ups, divorce, death).*

Meets guidelines for CPS, parole, and probation

Meetings are usually on Thursday nights at 7 pm – 8 pm with a complimentary meal provided at 6 pm

Contact church for more info, or go to www.saddleback.com. Can also search online for Celebrate Recovery (select options affiliated with Saddleback Church)

Parkway Baptist Church

4802 N. John Stockbauer Dr.
Victoria, TX 77904

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Monday nights 6:30 pm – 8:30 pm, Snacks provided

Contact Becky at 361-572-8340

Branded by Jesus Community Church

1615 Terrell St, Cuero TX
Rev Rick Bagwell
361-649-8655

Celebrate Recovery: Thursday 6:30p

VICTIMS OF ASSAULT

The Harbor (Port Lavaca) – Domestic Violence, Sexual Assault, Abuse, etc. *Counseling Services offered as well*

Also conducts forensic interviews for children that FIRST report abuse

361-552-5683

215 W Railroad

Port Lavaca, TX 77979

MidCoast Family Services

Domestic Violence; Sexual Assault; Emotional/Verbal Abuse – Counseling
361-575-7842 or 1-800-870-0368
24/7 Hotline- 361-573-4357
120 S. Main, Ste 310
Victoria, TX 77901

SALSA – Sexual Assault Services & Assistance

Free legal assistance for sexual assault victims
888-343-4414 (English/Spanish available)
M-F 8:00 am – 5:00 pm
www.hopelaws.org

Battering Intervention & Prevention Program (BIPP)

“Relationships of Promise” – counseling for perpetrators of family violence
24 week class that teaches accountability and appropriate interaction with family
Classes also available for women and Spanish speakers
361-575-7842
120 S. Main, Ste 310
Victoria, TX 77901

Crime Victim Assistance for Violent Crimes

306 S Bridge, Victoria
Mon-Fri 8-5

Hope of South Texas and Hope Center Children’s Advocacy

1801 N. Laurent Ste #101
Victoria, Texas 77901
Mon-Fri 8-5
For child and adult victims involved in sexual and physical abuse cases

Military Supports**Disabled American Veterans Service Office**

Victoria County Public Health building
2805 North Navarro Street
Victoria, Texas, TX 77901
(361) 582-5810
Open Tuesday – Thursday, 9:00 am – 4:00 pm

Family Endeavors

120 S Main St. Ste 415, Victoria
361-572-3261
Assistance for Veterans and their families

VA clinic Outpatient

1908 N. Laurent
Victoria, TX 77901
361-582-7700
Cory Bucks, LPC
Melissa Lewis, LCSW

Cognitive Behavioral Therapy, Cognitive processing Therapy, Brief Therapy, Inner personal therapy, Marriage and couples Therapy, moving forward sessions for problem solving

Military Veteran Peer Network

Peer Support Specialist

Victoria- Oscar Pulido 361-935-0753

Cuero/Yaokum/Shiner- Pat Covington 361-208-3617

PARENTING

Family & Youth Services

FAYS family services are designed to help families navigate the waters of parenthood and childhood. There are many risk factors that face youth today and often families are not equipped to face the challenges that come. Mid-Coast Family Services case workers join a family to help mitigate some of the problems that these families face. Through evidence-based practices and curriculum, the case workers provide skills classes, individual sessions for support, and family sessions to better equip each client to face struggles like anger, truancy, behavior problems at school, and much more.

To discuss FAYS family services our main office at 361-575-7842 or Fax: 361-575-8218

Faith Family Church

2002 E. Mockingbird

Call 361-573-2484, ext. 29 for information and various classes available

Reality Check

Victoria County Jail

101 North Glass St

Victoria, TX 77901

Allows adolescents who are participating in risky behavior to speak with inmates, tour the jail, and spend actual time in jail as a “reality check.

Grandparents Raising Grandchildren (GRG)

Trinity Episcopal Church

1501 N. Glass

Victoria, TX 77901

(361) 573-3228

GRG support group meets 2nd Sunday every month. Childcare provided with phone call reservation. Safe & supportive environment in which to discuss experiences; educates and informs; provides temporary relief from the cares & worries of day to day problems; develops methods and skills for solving problems; encourages personal growth and development

Kidz Connection

1611 E. North Street, Victoria 77901

361-788-9909

Mon-Fri 8-4, Closed 12-12:45 daily for lunch

Assists homeless VISD students enrolled in school, get clothing, supplies and transportation

RELATIONSHIPS

Support Group on Relationships

Mondays 6:00-7:00 pm

Wednesdays at noon

Gulf Bend Wellness Community

1009 Nimitz.

Victoria, TX 77904

(Meets in the Community room with Stanley Schweke)

No charge

GAY, LESBIAN, BISEXUAL & TRANSGENDER

Montrose Counseling Center Hotline

Houston, TX

713-529-0037

www.montrosecounselingcenter.org

Outreach Information Websites

Email address: GLBT@saa-recovery.org

www.gayswitchboardhouston.org

713-529-3211

The Trevor Project

1-866-488-7386

24 hour crisis hotline for teens questioning lesbian, gay, bisexual and transgender issues

AUTISM

Website with helpful information on local resources:

www.aspectrumofhope.org

Crossroad Autism Network

Victoria, Texas

Director Robyn Garza

361-573-8277

www.crossroadsautimsnetwork.org ; host.robyn@yahoo.com

CRISIS HOTLINES

Gulf Bend Center MHMR

(361) 575-0611

1-877-SAFE-GBC (1-877-723-3422)

Mid Coast Family Services

(361) 575-7842 or (for Domestic Violence) 1-800-870-0368

120 S Main, Suite 310

Victoria TX 77901

Domestic Violence Issues, Homelessness Assistance, and Substance Abuse Issues

The Harbor

215 W Railroad

Port Lavaca, TX 77979

(361) 552-5683

Domestic violence, Sexual assault, Abuse, etc

Department of Protective and Regulatory Services

Child Protective Services (CPS) Adult Protective Services (APS)

1-800-252-5400

VA (Veteran's) Crisis & Suicide Hotline

800-273-8255

Trans Lifeline

Transgender suicide prevention hotline

877-565-8860

Website

<https://translifeline.org/>

HEALTH DEPARTMENTS

Calhoun County (361) 552-9721
Dewitt County (361) 275-0920
Goliad County (361) 645-2595
Jackson County (361) 782-5221
Victoria County (361) 578-6281

TEXAS HIV/STD Clinic

VICTORIA CITY/COUNTY HEALTH DEPARTMENT – Special Services

Primary Care for HIV patients

Provides testing for HIV, syphilis; housing/utilities assistance; transportation to other clinics/hospitals; immunizations and labwork; has a pantry with food and hygiene items open every Tuesday.

(361)578-6281 ext 3801

PROGRAM FOR STD TREATMENT

Office located in Old Mall at Red River & Laurent

Deborah is a DSHS nurse funded by the state and located in Victoria. She has meds in her office and can treat patients that cannot afford medication

Deborah Mayhew 361-894-1424; Fax 361-574-7396

TEXAS HIV/STD INFOLINE

1-800-CDC-INFO (800-232-4636)

1-800-299-AIDS

1-800-299-2437 (en Espanol)

www.dshs.state.tx.us/hivstd

SMOKING CESSATION

Smoking Cessation Classes

Citizens Medical Center

Call 578-9473 to schedule

free

Gulf Bend Center

Substance Abuse services

6502 Nursery Dr.

Victoria, TX, 77901

361-575-0611

Wellness Community

1109 N. Nimitz Victoria, TX 77901

361-703-5161

Thursday Groups 10am

COVID 19 TESTING

Pre-screening & Physicians Orders Required

Call ahead with any questions regarding testing | Pre-screening is required
| All specimen collections are done with a Dr's order | Must meet CDC
criteria for testing | If you need urgent medical attention, please call 911

Goliad County

Goliad Family Practice
139 West Franklin | 361-645-8235

Jackson County

Jackson County Medical Clinic
1013A S Wells St | Edna, TX 77957
361-782-7820

Lavaca County

Lavaca Family Health Clinic
1406 N Texana St. | Hallettsville, TX 77964
361-798-1200

DeWitt County

Cuero Medical Clinic
2500 N. Esplanade St. #102
361-275-3466

Parkside Family Clinic
1109 E. Broadway St. | Cuero, TX 77954
361-275-2800

Yoakum Family Practice
1200 Carl Ramert Dr. | Yoakum, TX
77995
361-293-7061

Yorktown Medical Clinic
508 N Riedel St. | Yorktown, TX 78164
361-564-9230

Calhoun County

Memorial Medical Center Outpatient
815 N. Virginia St. | Port Lavaca, TX 77979
361.552.0295

Calhoun County cont.

Memorial Medical Clinic
1016 N. Virginia St. | Port Lavaca, TX 77979
361.552.0325

Port Lavaca Clinic
1200 N. Virginia St. | Port Lavaca, TX 77979
361.552.6721

Victoria County

Community Health Center
4206 Retama Circle | 361-576-2110

DeTar on Demand-North
9006 N Navarro St | 361-485-0021

Texas Medical & Wellness Clinic
4701 N. Navarro St | 361-551-228

Twin Fountains Medical Clinic - Urgent Care
108 Twin Fountains Dr. | 361-578-3363
3002 Sam Houston Dr. | 361-578-5730

Victoria ER - 24/7 Emergency Center
6703 N Navarro St | 361-573-1500

Victoria NP Clinic
4206 N Ben Jordan St | 361-575-4100

LabRad Diagnostics
5803 John Stockbauer Suite Q | 361-212-1219
*mobile lab services available

Infectious Disease Medicine
1403 Victoria Station Dr. | 361-571-7956

MOTHER AND CHILDHOOD PROGRAM

Community Mother and Child Health Center

610 E Rio Grande, Victoria

Mon-Thurs 9-12: 1-5

Free pregnancy testing, obstetric and gynecological clinical services

PREGNANCY

Crisis Pregnancy Center

1501 E Red River, Ste C1, Victoria

Mon 3-6p; Wed and Fri 1-4p

Free pregnancy testing, confidential referral to medical clinics if needed

DNA TESTING

DNA Testing of Victoria

3134 FM 446, Victoria

Mon-Sat hours vary

DNA testing for paternity, personal DNA testing, family reconstruction

AREA DOCTORS that accept Medicaid

Dr. Suresh Pathikonda and Dr. Maya Pathikonda (Pediatrics)

newborn, child and adolescent medicine – PARENTS MUST CALL 1st

601 Airline

Victoria, TX 77901

(361) 575-8500

Dr. Gary Cox (Dermatology)

2705 Hospital Dr Ste 100 (across from Citizens Hospital)

Victoria, TX 77901

(361) 579-4700

American Regional Health Center

202 James Coleman Dr, Ste C

Victoria, TX 77901

(361) 576-2222

By appt only Monday-Friday 8am-5pm

Dr. Arun Jain

601 E San Antonio St, Ste 304

Victoria, TX 77901

(361) 575-8585

Accepts Medicaid/Medicare

Community Health Centers of South-Central Texas

228 St. George
Gonzales, TX 78629
830-672-6511

2603 Hospital Dr
Victoria, Tx 77901
361-576-2110

Do NOT have to be a resident of these counties – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis). Victoria location offers psychiatric services and possibly counseling. May have sliding scale fee or ability to pay programs.

Dr. Terry Schneider (Optometry – eye exams, glasses, contacts, only)

6801 N Navarro, Ste B (across from Green Brothers)
Victoria, TX 77901
(361) 433-8579
Sees ages 8+; Hours: MTW 1pm-6pm; Thurs. Noon – 5pm.
Accepts Medicaid/Medicare

AREA DENTIST that accept Medicaid

Dr. Paul Roeh General Dentistry *pronounced “Row”*

*** accepts Medicaid for children ages 5-21 only**
109 Professional Park Dr.
Victoria, TX 77901
(361) 575-1151
Mon – Wed 8:00 am – 12:00 pm; 1:00 pm – 5:00 pm
Thurs. 7:30 am – 2:30 pm

Dr. WH Shuttlesworth

Dr. Liane Shuttlesworth (Pediatric dentistry)
*** accepts Medicaid for those under 5 years old only**
4301 Retama Circle
Victoria
(361) 578-9031

Dr. Gary Fries (Oral Surgery) *pronounced “Freeze”*

***accepts Medicaid for those under 21 years of age only**
111 Professional Park Dr.
Victoria
(361) 578-0247

Dr. Thomas B. Carter (Oral Surgery)

*** accepts Medicaid for those under 21 years of age only**
111 Professional Park Dr.
Victoria
(361) 578-0247

Patti Dobson Health Center (General Dentistry provided by area dentists)

*** call Lynette to schedule appts. (appt days vary depending on dentist available)**
*** Medicaid accepted for those 4-19 years of age only**
2805 N. Navarro
Victoria
(361) 578-6281

Community Health Centers of South Central Texas

228 St. George
Gonzales, TX 78629
830-672-6511

2805 N Navarro STE 102
Victoria, Tx 77901
361-582-4440

Do NOT have to be a resident of those County – Provides services for dental (non-major dental procedures but may pull some teeth on case by case basis). May have sliding scale fee or ability to pay programs.

UTSA Dental Program

210-567-3217
For emergencies call 3212

GENERAL DENTAL ASSISTANCE

Affordable Dentures

<http://www.affordabledentures.com/office/corpus-christi/>

Richard Day, DMD
361-808-8101

Office located in Corpus Christi; Specialized in dentures (new & repair) and tooth extraction at discounted prices; payment plans/financing available

AREA HOSPITALS/CLINICS

Victoria County

Citizens Medical Center (361) 573-9181
Detar Hospital (361) 575-7441
Detar North (361) 788-2534
Victoria Public Health Clinic (361) 574-1740
(Back side of Citizens off Rio Grande)

Jackson County

Jackson Healthcare Center (361) 782-5241
Jackson County Hospital (361) 782-7800

Dewitt County

Cuero Community Hospital (361) 275-6191

Lavaca County

Yoakum Community Hospital (361) 293-2321
Lavaca Medical Center (361) 798-3671

Calhoun County

Memorial Medical Center (361) 552-6713

Refugio County

Refugio Co. Memorial Hospital (361) 526-2321

Goliad County

Goliad Family Clinic (361) 645-8235

CPR and First Aid Training

Gulf Bend Center

6502 Nursery Dr. Ste 100 Victoria TX 77904
361-575-0611

Heart Saver First Aid, CPR, and AED Every 1st Wednesday of every month Valid for 2 years
Basic Life Support for Health Care Professionals 3rd Wednesday of every month

Victoria College

Heart Saver First Aid, CPR, and AED
2200 E. Red River St. Victoria TX 77901
Allied Health Building Room 112
\$60.00 361-582-2412

Citizens Medical Center

2701 Hospital Dr. Victoria, TX 77901
361-573-9181

Call scheduling department: for Basic First Aid class \$40.00, CPR for health care professionals \$60.00, Heart Saver \$45.00, Safe Sitter (summertime only) \$65.00 half price for employees and families, must call 24 hours to reschedule or cancel to get refund

PRESCRIPTION ASSISTANCE

Many local hospitals have indigent programs and/or patient assistance programs available through the county

Pharmaceutical companies can also be contacted directly for assistance

First United Methodist Church

407 N. Bridge
Victoria, TX 77901
576-5553

Mondays only from 8:00 a.m. – 12:00 noon—at times they may close early if they have 30 or more clients signed up by 10:30. Please come as early as you can. You **MUST** bring the following: current proof of income for each member of the household, such as Social Security statement, a copy of previous years income tax return or SSA 1099, last 3 months pay stubs; Social Security Card & Medicare Card; prescriptions written by your doctor; prescription bottles that are current. There is no assistance for OTC meds. There is no assistance if you receive free prescriptions through Medicaid or GBC. Also, cannot help with prescriptions from out of town MD's or the Detar Senior Care Center (they have assistance for their patients).

VCAM Victoria Christian Assistance Ministries

Mon. – Fri. from 9:00 a.m. – 12:00 noon
108 N. Liberty
361-572-0048

Calhoun County Indigent Program

Memorial Medical Center
815 N. Virginia St.
Port Lavaca, TX 77979
(361) 552-6713

LIMA Program, Yoakum Community Hospital
361-293-5419

Victoria County Indigent Program @ Citizens
361-582-1118

Prescription Assistance Program – Dewitt Co/Cuero
106 W Reuss Blvd, Ste C, Cuero
361-275-3103
First and Third Wednesday 8:30-12

St Vincent de Paul – Ganado/Jackson Co
361-771-3435

First United Methodist Church –Edna
216 W Main, Edna
Mon-Fri 9-3

Assistance can be found through most local county hospitals
Partnership for Prescription Assistance

A free service to help those who do not have prescription coverage and cannot afford their medications

Call 1-888-4PPA-NOW (1-888-477-2669)
Or Visit www.pparx.org

Before you call, have all your medicine and/or prescriptions ready

NeedyMeds
www.NeedyMed.org

Has information on medicine and healthcare assistance programs.
We do not run a patient assistance program, and we do not supply medicine or financial assistance.

AmeriPlan Corporation
800-647-8421

Everyone's Rx
361-578-2436

Pfizer Rx Assistance
1-844-989-PATH (7284)
www.pfizerRxpathways.com

First Baptist Church in Gonzales, TX
830-672-9595

Healthwell Foundation
800-675-8416

The Medicine Program
866-694-3893

Novartis Patient Assistance

800-277-2254

RxHope

877-979-4673

Discount Prescriptions

800-291-1206

Families can save between 20% and 40% on their prescription medications. No exam needed. National program. No need to make trips to the pharmacy, medication shipped to the home. Call for free information.

FOOD

DHS (food stamps)

Mon – Fri from 8:00 am – 5:00 pm

2306 Leary Ln

Victoria, TX

361-578-3523

WIC

Mon. – Thurs. from 8:00 a.m. – 5:30 a.m.

Friday from 8:00 a.m. – 12:00 noon

2805 N. Navarro

Victoria, TX

361-578-2884

VCAM Victoria Christian Assistance Ministries

Mon. – Fri. from 9:00 a.m. – 12:00 noon

108 N. Liberty

Victoria, TX

361-572-0048

Christ's Kitchen

Mon. – Sat. from 11:00 a.m. – 1:00 p.m.

611 E. Warren

Victoria, TX

361-578-4233

Food Bank of the Golden Crescent

3809 E Rio Grande, Victoria

Mon-Thurs 8-12,1-5;Fri 8-12,1-3

Assists with filling out food stamps, Medicaid, and TANF applications and submitting them to proper local agencies

Meals On Wheels – Victoria

If you know someone facing a lack of access to consistent nutritious meals, please contact the Intake Coordinator- (361)576-2189 (now serving Cuero & Thomaston)

Encounter Community Outreach

1604 Crestwood Dr, Victoria

M-F 9-4 Counseling; Wed 9-12 Food Pantry; Wed 5-7 Hot Meal

Ganado

109 S 6th St, Ganado
Mon-Fri 9-5

Good News Church

First Wed. of the month from 6:30 p.m. – 7:30 p.m.
4104 Houston Hwy, Victoria
573-4448

Our Lady of Sorrows

208 W River, Victoria
Leave a message at 575-2293
Mon-Fri 9-6

Our Lady of Lourdes

105 N William, Victoria
Mon-Fri 8-12,1-4

Victory Outreach

3207 E. Oaklawn
Victoria, TX
361-572-9888

St. Mary's Church**St. Vincent de Paul Food Pantry**

402 S. Main, Victoria, TX
361-573-4328, ext. 218 (voice mailbox; leave message for call back)
Hours: Tuesdays, 5:30-7:00pm

Goliad County Food Pantry

611 E End St, Goliad
1st Thursday Collection 9-12
3rd Thursday distribution 9-12

Lavaca Assistance Ministry Body-Manna Food Pantry

418 S Ridge, Hallettsville
Tuesday and Wednesday 9:15-3:15
Tuesday 10-2 Food Pantry

Seadrift Food Pantry

601 S second, Seadrift
3rd Tuesday of each month, 4-6p

First United Methodist Church in Bloomington

220 Indiana
Victoria, TX
361-897-1911

Encounter Community Outreach

Victory Christian Life Center
1604 E Crestwood
361-573-5930

HOUSING/SHELTER

American Red Cross- Calhoun County

800 N Virginia, Port Lavaca
Mon-Fri 8-12; 1-5

American Red Cross – Crossroads Chapter

2805 n Navarro, Victoria
Mon-Fri 8-12; 1-5

Mid Coast Family Services

(361) 575-7842
120 S Main, Suite 310
Victoria TX 77901

Housing Authority (call for availability)

Mon. – Fri. from 9:00 a.m. – 3:30 p.m.
4001 Halsey, Victoria
(361) 575-3682

Salvation Army

Intake 5:00 p.m. daily
1302 N. Louis, Victoria
(361) 576-1297

Salvation Army-Goliad

134 W Pearl, Goliad
Mon-Thurs 8:30-4p

Promise Point

Longterm homeless housing/ Permanent affordable tiny homes
8550 US -59
Victoria, TX 77905
(361)- 571-2589

Women’s Crisis Shelter (abused/domestic violence)

(361) 573-4357

Perpetual Help Home (homeless women only)

705 E Santa Rosa, Victoria
(361) 575-5335
Mon-Fri 8a-4p

Gateway Project (through MCFS for chronically homeless men)

120 S Main, Suite 310
Victoria, TX 77901
(361) 575-7842
midcoastfamily.org

Victoria Area Coalition for the Homeless (Collaboration of local agencies who serve the homeless population) Must have a car, provide safe parking lot

120 S Main, Victoria
361-218-6401

Compassionate People Aiding Texans CPAT

203 Hopkins, Victoria

Mon-Fri 9-5p

361-580-3332

Assists with providing needy persons with furniture, dishes, appliances, beds, and linens when they have items available

La Dominion Apts.

Referral only—3 homeless units

3605 E. Forrest, Victoria

(361) 572-4566

Bretton Village Apartments

1503 Victoria Station Dr, Victoria

Low Income housing for elderly and disabled

Briarfield West Apartments

1707 Beauvoir Lane, Victoria

Housing 55years old and older

Fox Run Apts.

2008 Sam Houston

Victoria, TX

Based on income – 1-3 bedrooms available. Deposit depends on income. Apply on Tuesdays 9:30am-11:00am & 1:00 pm-3:00pm to get on wait list (current wait 6 mo-1 yr). *Must have some income*

(361) 578-2954

The Brownson Home

1616 Lone Tree Rd. Victoria

361-573-7161

Children 2-17 that for whatever reason cannot be cared for by their parents

Contact: Rise (Reese) Konarik

{The mission of The Brownson Home is to provide a nurturing family home for children in need so that they may have hope and stability and develop values and skills for life.}

Fenner Square Apts.

555 S. Burke

Goliad, TX 77963

(361) 645-3393

32-unit complex for families below the 60% area median income

Leatherwood Terrace Apts.

105 Ellen May Rd.

Yoakum, TX 77995

(361) 293-5122

40-unit complex for very low to moderate income families and individuals

Refugio Elderly Housing

602 W. Commons Road

Refugio, TX 78377

(361) 526-4014

36-unit apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

211 Texas (*Rent payment assistance*)

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

UTILITIES

Community Action Committee

Also assists with Water/Sewage Utility bills for Victoria County residents (max assistance \$100).

Also rental assistance for homelessness.

1007 Halsey, Victoria

361-578-2989

Lite-Up Texas

Provides qualified low-income individuals reduce the monthly cost of electric service.

1 (866) 454-8387

The Texas Department of Housing and Community Affairs (TDHCA)

Provides relief to those low-income elderly and/or disabled households providing financial assistance, paying up to four of the highest bills during the year.

1 (877) 399-8939

Weatherization Assistance Program

Provides for energy related improvements to residences of low-income Texans and educates consumers about energy conservation.

1 (888) 606-8889

Our Lady of Lourdes Catholic Church

361-575-3813

Our Lady of Sorrows Catholic Church

361-575-2293

Our Lady of Victory – St. Vincent dePaul

361-575-4741

St. Mary's Catholic Church

402 S Main, Victoria

361-573-4328

Mon-Fri 8-4:30p

Our Lady of the Gulf

415 W Austin, Port Lavaca

361-676-0527

Mon-Thurs 9:30-12:30, 1:30-4:30: Fri 9:30-12

211 Texas

Can also call 2-1-1 for additional resources in your area or go to:

www.211texas.org

CLOTHING ASSISTANCE

Calhoun County Community Ministries
361-552-1722

Cuero Area Ministerial Alliance
361-275-5022

Goliad County Outreach
361-645-2850

Goodwill Industries of South Texas
361-575-6242

Helping Hands of Jackson County
361-782-7543

Helping Hands –Yoakum
210 Schrimsher , Yoakum
Wed 5-7:30p; Sat 7:30a-12p: (Tuesday 7:30-11a Donations accepted)

Lavaca Assistance Ministry Body, Inc.
361-798-9111

Mid-Coast Family Services
361-575-7842

Outpost Resale Shop
2120 W Austin, Port Lavaca
361-553-6276
Mon-Sat 9-5p

VCAM Victoria Christian Assistance Ministries
Mon. – Fri. from 9:00 a.m. – 12:00 noon
108 N. Liberty Victoria, TX
361-572-0048

TRANSPORTATION

Medicaid Van
For transportation to medical treatment
Must call 48 hours in advance
Have your Medicaid number available when you call
1-877-633-8747

Texas Medicaid
800-252-8263

Victoria Transit

361-578-8775

RTransit- Calhoun County.....	361-552-3350
RTransit- DeWitt County.....	361-578-8775
RTransit- Goliad County.....	361-645-2144
RTransit- Gonzales County	830-672-7014
RTransit- Jackson County.....	361-782-5543
RTransit- Lavaca County.....	361-798-4198
RTransit- Victoria/DeWitt.....	361-578-8775

Senior Citizens

Mon – Fri from 8:00 am – 3:00 pm

Must call 24 hours in advance to schedule

361-576-2189

211 Texas

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

Most local Senior Citizens Centers also provide transportation to local seniors

SOCIAL SECURITY ASSISTANCE

Social security Office

Social security cards apply for benefits
8208 Zac Lentz Pkwy, Victoria, TX 77904
877-229-3536
Online www.ssa.gov

GED/ESL

English as a Second Language & GED classes

Adult Education
Victoria College
2200 E Red River
Victoria, TX 77901
(361) 573-7323

Employment Assistance

Texas Workforce Solutions-Golden Crescent

120 S Main, Suite 110 1st and 2nd Floors
Victoria, TX 77901
(361) 578-0341

Job Seekers can register for work on the internet Work in Texas Program
One on one service for employment search; Training programs available; Computer training.
Project Rio—Job assistance for individuals on probation or parole
Workforce innovative opportunity Act

Vocational Rehabilitation Services (DARS Department of Assistive and Rehabilitative Services) –
VR is for persons with disabilities—Assistance with training, skill development, and seeking
employment. (assist as early as age 14).

Texas Workforce Solutions in Surrounding Areas

Cuero-.....1137 N Esplanade St.....361-277-8870..... (M-F 8-5p)
Edna-.....903 S Wells St.....361-782-7526..... (M-F 8-5P)
Goliad-.....329 W Franklin361-645-2703..... (M-F 8-5p)
Hallettsville-.....727 S Promenade St.....361-798-1046..... (M,W,F 8-5p)
Port Lavaca-.....1800 South State Highway 35, Ste H.....361-552-1563..... (M-F 8-5p)
Refugio-.....414 B North Alamo.....361-526-9211..... (M-F 8-5p)
Yoakum-.....307 Crittenden St.....361-741-5100..... (T, TH 8-5p)

Staffing Companies.

LaborMax Staffing

4905 N Navarro St
Victoria, TX 77904
361-894-6440

APS Personnel Service

104 N Williams St, 2008 N Navarro Suite A
Victoria, TX 77904

DR Locate- APEX Practice Solutions I

1908 N Laurent St
Victoria, TX 77901
361-578-0333 / 361-894-8980

Snelling Personnel Services

801 Sam Houston Dr
Victoria, TX 77901
361-578-3671

Goodwin Personnel Consultants

2306 N Navarro St
Victoria, TX 77901
361-578-363

Victoria Safety Office

105 W Juan Linn St
Victoria, TX 77901
361-485-3500

Labor Ready

1901 Stolz St
Victoria, TX 77901
361-572-0085

Birth Certificate, ID

Birth Certificate

TX-dps.com or 888-596-7307

Official Birth Certificates for Texans, processed in 24 hours \$75.00 online or 4-6 weeks \$22.00 by mail

Social security Office

Social security cards

8208 Zac Lentz Pkwy, Victoria, TX 77904

877-229-3536

Online www.ssa.gov

Identification Cards

Texas Department of Public Safety

2208 Leary Lane Victoria, TX 77901

361-578-3450

Bring birth certificate, proof of address, Social security card

Online www.dps.texas.gov/driverLicense

Sleep Disorder Clinics

Premier Sleep Disorders Center

3 Locations:

111 North Park Victoria, TX 77901

124 E Walters St. Shiner, TX 77984

1811-A Broadway Rockport, TX 78382

(361) 572-9654

Fax: (361) 485-2233

If you have or suspect you have a sleeping disorder that's keeping you from living your life to the fullest.

Accepts almost all insurance, Medicaid, Medicare, Private Pay

Walk-In-Clinics

Twin Fountains

361-578-5730

3002 Sam Houston Drive

Victoria, TX 77904

www.twinfountainsclinics.com

Open 7 days a week; Weekdays 7 am to 7 pm & Weekends 9 am to 5 pm

Approx \$80 per visit. Does *NOT* accept Medicaid. Will refill most prescriptions but may not write new prescription for some psychiatric medications

Twin Fountains Urgent Care Center

108 Twin Fountains Dr, Victoria, TX 77904

(361) 578-3363

www.twinfountainsclinics.com

Open 7 days a week 7 am - 11 pm

Victoria Community Health Center

4206 Retama Circle, Victoria TX 77901

361-576-2110

Open Mon 8 – 8; Tue 8 – 8; Wed – Fri 8 - 5

Behavioral Health Consultant- Cabrera;

Nurse Practitioners also available (Medical & OBGYN)

Dental assistance is available through the Health Department

Each Individual is screened for program assistance. Examples of fees consist of \$25, \$35, \$50, etc. Dr. Cabrera can write and/or refill most psychiatric medications, but may defer on anti-psychotic meds.

Please call to make an appointment. Does not take walk-ins

The Corner Clinic

John Sheffel RN, FNP

361-576-4100

2806 N Navarro, St B (corner of Navarro and Airline)

Victoria, TX 77901

www.thecornerclinic.net

Open Mon – Fri 8:00 am – 6:00 pm; approx \$85 per visit – accepts Medicaid (office will file, no cost out of pocket for Medicaid), Medicare, most private insurance also

currently does NOT accept Driscoll or Amerigroup Medicaid

Texas Health Center

Dr. Starkey, Dr. Klein, Dr. Bouthillette, Kristin Wilke, PA-C

361-576-0330

4804 N. Navarro St. (next to Texas Roadhouse restaurant)

Victoria, TX

Open Mon 7:30 am – 6 pm and Tue-Fri 7:30 am – 5:00 pm

Does not accept assigned Medicare, however, will file with Medicare. Patients with Medicare must pay upfront.

Vision and Hearing Impaired

S.A.I.L.S Program

San Antonio Independent Living Services

San Antonio Main Branch - 210.281.1878

Victoria Branch - 361.574.7880

Resources for the Visually Impaired

SAILS helps individuals with any disabilities: mental, physical, cognitive, and sensory. They can assist individuals or your family member by teaching independent living skills, providing up-to-date information and referrals, and training individuals on how to advocate for themselves.

Benefits Assistance: Provide individualized social security benefits planning.

Support Services for Visually and Hearing Impaired, including mobility training

Provide information, assistance and training for adaptive telecommunication devices.

Relocation Services: Provide transition assistance from nursing facilities to the community.

Recreation, Social Events: Provide opportunities for persons with disabilities to participate in various community activities.

VisionAware

www.visionaware.org

Helps adults who are losing their sight continue to live full and independent lives by providing timely information, step-by-step daily living techniques, a directory of national and local services, and a supportive online community.

Computers for the Blind

(214) 340-6328

Low-Cost Computing for People Who Are Blind or Visually Impaired