

MENTAL HEALTH SERVICES LIST (updated June 2010)

Provided by: Gulf Bend Center MHMR
6502 Nursery Dr, Suite 100
Victoria, TX 77904
(361) 575-0611

NOTE: This is by no means a comprehensive list of resources in our community. For more, please look at the following website: <http://www.gcrpc.org/Aging%20211-%202005.pdf>.

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PSYCHIATRISTS

South Texas Psychiatric Associates (STPA)---Ages 3 and up

Dr. M. Mangipudi

Dr. U. Maruvada

Dr. K. Rayasam

Main Office: 4234 Weber Road, Corpus Christi, TX 78411

Victoria Office: 4408 Lilac Ln. Ste. C Victoria, TX 77904

1-800-411-8536

(361) 857-2090

Serving Ganado, Goliad, Cuero, Palacios, Port Lavaca, Gonzales, Shiner, Hallettsville, Bloomington, Yoakum, Edna, etc. in Victoria Office on a full-time basis.

Accepts private pay, private insurance, *Medicaid*, and Medicare

Victoria Psychiatric Associates

Dr. R. Lyman (Ages 17 and up)

Dr. G. Creager (Ages 17 and up)

2710 Hospital Drive, Suite 202

Victoria, TX 77901

(361) 579-1388

Accepts private pay, private insurance, *No longer accepts Medicaid/Medicare*

Dr. R. Capitaine (Ages 4 and up)

Corpus Christi, TX

1-361-993-4835

*Victoria Counseling & Assessment office

2002 Commerce, Suite C

Victoria, TX 77901

In Victoria every other Friday ONLY

(361) 570-1444—for directions

1-361-993-4835—for scheduling and main # for patients

Accepts Medicaid, Medicare, and private insurance

Dr. Bouras (Ages 18 and older)

2705 Hospital Drive, Suite 206

Victoria, TX 77901

(361) 574-1899

fax (361) 574-1897

Not in any insurance network; pay at time of service and then reimbursement.

Initial Appointment is \$245 and follow up appointments are \$112

No Medicaid or Medicare

Veteran's Clinic (Victoria VA Outpatient Clinic for VETERANS ONLY)

Dr. Elizabeth John, Psychiatric Services

1502 East Airline, Suite 40

Victoria, TX 77901

(361) 582-7700

Veteran's Crisis Hotline – 800-273-8255

Outpatient Medical Services also provided (some spouses of veterans eligible NO CHILDREN)

Dr. Fisher (Disability and Social Security Evaluations ONLY)

2705 Hospital Dr # 300

Victoria, TX 77901

(361) 578-8633

One-time visits ONLY

Psychiatrists Outside of Victoria

Dr. J. Biggs

161 Lay Street

Hallettsville, TX 77964

(361) 798-5168

Dr. John Hopper (sees both children and adults 3 and up)

101 N Magnolia St.

Rockport, TX 78382

(361) 729-5357 Fax: (361) 727-2036

Sees both medical and psychiatric patients

Accepts most private insurance and private pay, Medicare, Medicaid, no sliding scale

Psychiatric Consulting Services

Dr. N. Praderio (Geriatric Psychiatry Specialty but sees ages 20 and up)

817 Ayers

Corpus Christi, TX 78404

(361) 887-9600

Serving Beeville, Corpus Christi, Kingsville and Victoria

Accepts private insurance, *Medicaid*, Medicare, and some private pay

Dr. J. Eades-Serves Galveston County (Ages 18 and up)

Dr. G. Schlagenhauf-Serves Brazoria County (Ages 18 and up)

Gulf Coast Center MHMR (Children's Services Department also available)

MH Adult / MR Services

1-800-643-0967

MH Child

1-877-226-8780

Accepts private pay, private insurance, *Medicaid*, and Medicare

Wharton Psychiatric Associates (sees ages 2 and up, Geriatric Psych available)

Dr. Patel

Dr. Brams

246 West Milam St

Wharton, TX 77488

(979) 532-8484

Accepts private pay, most private insurance, Medicaid, and Medicare

COUNSELORS & PSYCHOTHERAPISTS

Donald Blavier, Ph.D, LPC, LMFT

1004 Guadalupe
Victoria, TX 77901
(361) 574-9892
Individual and Family Counseling, Ages 9 & above
Accepts *Medicaid*, *CHIP*, private insurance, or private pay

Billy T. Cattan Recovery Outreach (substance abuse)

Stephen Lovitt, LPC

4011 Halsey
Victoria, TX 77901
(361) 576-4673
Non-profit; Need to go to Mid-Coast Family Services for screening/assessment first,
then, if qualified, can go here for outpatient treatment only-NO INPATIENT SERVICES

The Counseling Center

Laurel Graham, LPC (ages 10+)

Lexey Fender, LPC (ages 4+)

1501 E. Mockingbird

Victoria, TX 77904

(361) 575-4351

Linda Ward, LPC (ages 10+ in Pt Lavaca office only)

177 High Bluff Rd

Port Lavaca, TX 77979

(361) 550-7001

Accepts *Medicaid* and private insurance

Gonik & Associates, Clinical Psychology and Behavioral Services

Uri Gonik, Ph.D. (ages 18+)

Sandra Breech MEd, LPC, RPT (ages 2+ specialty in Play Therapy)

Patricia Smart, Psy.D (ages 18+)

Kelly Paulk MA, LPC

Cleva Schoener, LPC

Elizabeth Jaeckle, LPC

Gloria “Annie” Coffey MEd, LPC (specialty in Family/Marriage Therapy)

2003 Patterson

Victoria, TX 77901

(361) 575-5021

Ages 16 & above only/Accepts *Medicaid*, Medicare & Private Insurance (will see some younger patients on a case by case basis)

Heritage Program (Depression, Anxiety, Aging, and Loss of Independence)

Refugio Memorial Hospital

Barbara Nurre

Mark Fitzsimmons, LPMSW

(361) 526-2321, Ext 203

107 Swift

Refugio TX 78337 (For Seniors, Age 65 and above-will also see younger patients)

Accepts Medicare and Private Insurance

New Beginnings Counseling Center

Rick Torres, LPC

Gail Spurgeon, LPC

Cheryl Green, LMSW-ACP

Ginger Corn, LPC, MEd

Danna Harrison, LPC

1501 E Mockingbird Ln Suite 262

Victoria, Texas 77901

(361)570-8900

Fax (361)570-8903

Chemical Dependency, Eating Disorders, Family, Individual & Marriage Counseling,
Ages 3+ (Call office for insurance and general information)

Reclamation Counseling Center

Lucy Holder, LPC, LMSW

Joann Schrimsher, LPC, RPT

Robert Gonzales, LPC

Shannon Holder, LPC

Virginia Frnka, LPC

Mary Hoekstra, LPC

506 Glasgow

Victoria, TX 77904

(361) 576-3385

Individual, Family, Marital, Group, Play Therapy, Consultations

Anger Management, every six weeks on a Friday & Saturday for \$120

Ages 2 and above

Medicaid, Medicare, CHIP, most insurances, private pay (\$65)

Crossroads Counseling

Karan Redus, Ph.D. (ages 2+)

3806 N Main

Victoria, TX 77901

(361) 574-9911

Medicare, *Medicaid*, private pay and most insurance; Offers ADHD testing

Virginia Ruschhaupt, LPC (marital, family, parenting, ADHD, anger control)
2006 N Navarro, Ste C
Victoria, TX 77901
(361) 578-7441
Family, Individual and Marital Counseling, Ages 5 & above
Evening appointments available
Free workshop on children with ADHD offered
Accepts *Medicaid*, CHIP and private insurance

Susan Satava, LPC-S, RPT (specializes in trauma, loss and play therapy)
Heritage Mark Building
5606 N. Navarro
Victoria, TX 77904
(361) 579-8184
Accepts *Medicaid*, private pay, some insurances, ages 2+

Sharon Stubblefield, Ph.D., LPC
401 W Brazos
(361) 575-1049
Individual, Marriage, Family & Couples Counseling; grief & bereavement
Ages 6 and above
Accepts private insurance only, NO Medicaid/Medicare; client pays up front, then is reimbursed by insurance

Stable Life Counseling Center, LLC (child, adolescent, adult, family, play therapy,
Christian Counseling, Horse Assisted Counseling)
Shirley Johnson, LBSW, LPC (Equine Therapy)
Eva Aleman, LPC (play therapy), Spanish speaking
Mary Mayorga, Ph.D., LPC (substance abuse specialist)
Karan Redus, Ph.D.
3806 N. Main
Victoria, TX 77901
(361) 485-0899
Blue Cross/Blue Shield,, Signa, *Medicaid*, private pay

Texas Play Therapy
Trish Suarez, R.N., M.A., LPC
1101 Salem Dr., Suite A
Victoria, TX 77904
(361) 648-9704
Medicaid, most insurances, private pay

Veteran's Clinic
Tony DeBona, LMSW
4206 E. Retama
Victoria TX 77901
(361) 582-7708
Veterans only

Victoria Counseling Services (ages 3 +)

David Hensley, Ph.D.

Vidal Guevara, LPC-S, LPA, LSSP

Kim Wilgus, LPC

2002 Commerce, Suite C

Victoria, TX 77901

(361) 570-1444

Medicaid, most private insurance, private pay

Psychological Wellness Center (ages 5+)

Burton A Kittay, Ph.D

5350 S Staples #200

Corpus Christi, TX 78411

(361) 992-2244

Office in Corpus Christi ONLY; Accepts private pay, most private insurance, Medicare,

Medicaid

No Charge Counseling Services
(Reserved for those without benefits)

The South Texas Children's Home-Family Ministry

Lorraine Turner, MA-LPC

Catherine Russell

303 E. Airline, Suite 3

Victoria, TX 77901

(361) 575-5151---Victoria

(361) 991-8680---Corpus Christi

Christian Counseling Services

Provides short-term only Individual, Marriage, & Family Therapy—Play therapy available for children

Primary focus on stress, anxiety, depression ---- MUST call first to determine eligibility

www.stch.org

Paul Primm, LMFT

private pay only – works on sliding scale

5606 N Navarro, Ste 3M

Victoria, TX 77904

(361) 935-1938

Ages 12 +

Crossroads Youth & Family Services

Short-term counseling for youth under 18 & their families

Free of charge

6502 Nursery Dr

Victoria, TX 77904

361-578-3686

SUBSTANCE ABUSE TREATMENT

Treatment Associates – *Can call directly*

Substance abuse treatment, half-way house
Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient
107 Cozzi Circle
Victoria, TX 77901
(361) 572-3006
(361) 572-3007
Private pay, insurance, Military insurance (e.g., VA, TRICARE)
Spanish speaking available

Billy T. Cattan Recovery Outreach, Inc. – *Referral required, initial screening done at MidCoast Family Services*

Outpatient, non-profit
Mon. – Thurs. 8:00 – 12:00 noon & 2:00 – 8:00
Friday 9:00 – 12:00 noon
By cell phone 24/7
4011 Halsey
Victoria, TX 77901
Office: (361) 576-HOPE (4673)
Cell: (361) 648-HOPE (4673)

La Hacienda Treatment Center (Hill Country Area)

Inpatient
FM 1340, P.O. Box 1
Hunt, TX 78024
830-238-4222
800-749-6160
www.lahacienda.com

Basin Detox Systems, Inc. (West Texas) – *Detox only, no referral required*

Inpatient
1-800-317-7818
www.basindetox.com
Medicare/Medicaid (traditional Medicaid only) accepted, private insurance, private pay
Spanish speaking

Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – *Detox and Rehab Service, No referral required, Adolescents (Boys only) & Adult (Male & Female)*

P. O. Box 317
230 Mesa Verde Dr. E
Center Point, TX 78010
Located approximately 50 miles northwest of San Antonio
1-800-797-6237 (call for a free consultation)
info@starliterecovery.com
Accepts most major insurance, private pay, NO Medicaid/Medicare

Mid-Coast Family Services

1801 N Laurent St # 200

Victoria, TX 77901

(361) 575-7842

(361) 573-4357 - Hotline

midcoastfamily.org

Screenings done on a walk-in basis Mon-Thur at 8 am, 10 am, & 1 pm; 3pm is saved for appointments for out-of-town clients. Client MUST be voluntary and wanting help.

After screening, MCFS staff will determine if in-patient or out-patient services are necessary and assist in finding a rehab facility. *2 forms of ID required (i.e., State ID/ Driver License, SS Card, etc)*

Alcohol Chemical Treatment

Outpatient Classes (Does meet requirements for Probation)

Every Monday at 7:30pm

3402 N Main St

Victoria, TX 77901

(361) 573-4726

Free of charge despite a one time fee of \$20 for processing of paperwork

Best Recovery Health Care, Inc.

Methadone Clinic (Lortab, Heroine, etc) – Private pay only

1708 N Laurent

Victoria, TX 77901

(361) 572-9122

SUPPORT GROUPS (Alcohol)

Alcoholics Anonymous

(361) 788-4534 call for meeting info

Victoria TX 77904

Other area counties available

www.aa.org

ACTS program (Alcohol Chemical Treatment Series)

Meets 7:30-8:30pm Mondays

3402 N. Main

(361) 575-4905; 573-4726

Offers educational classes on drug and alcohol abuse; \$20 initial fee (which can be broken up over time)

North Loop Group Alcoholics Anonymous

7pm Tuesday

Holy Family Catholic Church Education Bldg.

704 Mallette Dr. room 201

Victoria Women's Meeting of Alcoholics Anonymous

Meets 5:30pm Tuesday

The Arc Building 2408 N. Navarro

Non-smoking Alcoholics Anonymous

8pm Monday-Saturday

1408 E. Santa Rosa (next to the American Legion Hall)

Main Stream Group of Alcoholics Anonymous

Noon on Monday-Saturday

The Serenity Building (at the intersection of N. Main and Conti Lane)

6007 B North Main

El Neuvo Dia Alcoholics Anonymous

Tuesday 6pm (Bilingual)

Thursday 5:30pm (bilingual)

Saturday noon (English)

Sunday 2pm (Spanish)

1010 E. Juan Linn

Solution Group of Alcoholics Anonymous

8:30am Sundays

1908 N. Laurent Suite 100

Christians Against Substance Abuse (CASA) – No Charge

Meets Thurs & Sat @ 7 pm

Central Church of Christ

801 E. Airline, Annex Bldg., Victoria

Church- 361-573-9133

Matt Wooton – 361-655-8282

SUPPORT GROUPS (Al-anon)

www.texas-al-anon.org

Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

The Keep Coming Back Al-Anon Group

Call for meeting times

Education Building of Holy Family Catholic Church

704 Mallette Drive

Victoria TX 77904

361-573-5304

Al-Anon Adult Children of Alcoholics

Call for meeting times

Library of Christ the Victor Lutheran Church

202 Stanley

Victoria TX

(361) 575-4363

SUPPORT GROUPS (drug addiction)

Narcotics Anonymous

Monday, Wednesday, & Friday at 7:00 PM

3310 N. Ben Jordan

Victoria TX

(361) 572-5500—can call here to get list of all meeting, as they sometimes change

Victoria Narcotics Anonymous

7-8pm Monday, Wednesday and Friday

St. Mark's United Methodist Church

3310 N. Ben Jordan

Victoria, TX 77901

Spoken Hearts Narcotics Anonymous

10:30pm-midnight Saturdays

4011 Halsey

Victoria, TX 77901

SUPPORT GROUPS (other addictions)

Overeaters Anonymous

Call for appointment times

2010 N Navarro, Ste B

Victoria TX

(361) 503-2828

Sex Addicts Anonymous

www.sexaa.org

Emotions Anonymous

6:30 p.m. Tuesdays

Victoria Regional Professional Building

(361) 572-3551

SUPPORT GROUPS (physical conditions)

Bosom Buddies Breast Cancer Support Group/Brown Bag Bunch

4th Thursday at 11:30 am

Incredible Pizza on Navarro

Victoria, TX

Members who wish to eat, lunch is approx \$5

Contact Kathy Davidson at 361-580-1648

DeTar Healthcare System's Lunch Bunch Diabetes Support Group

2nd Tuesday at noon

DeTar Hospital Navarro in the MEDI Center education classroom

Lunch is \$5

Contact Dottie Bitterly, R.N., CDE at 361-788-6142

Victoria Parents Diabetes Support Group

Meets monthly for support activities with their children

Contact Dottie Bitterly at 361-788-6142 or Pamela Younts at 361-573-7374

Memorial Medical Center's Diabetes Support Group (Port Lavaca)

3rd Monday

Third floor classroom

Contact Amy Day at 361-552-0261

Lupus Support Group

800-809-3953

Victoria Association for Citizens with Disabilities

3rd Tuesday at 7 p.m.

Jaycee Hall: Contact Barbara Brooks at 361-7882 or Gary Moses at 361-573-2853

SUPPORT GROUPS (Alzheimers)

Alzheimers Support Group (Cuero)

Every 4th Thursday
2:00 pm – 3:30 pm
First United Methodist Church
Cuero, TX
Contact Bea Smith at 361-275-4828 or 361-275-5242

Alzheimers Support Group (Victoria)

3rd Tuesday; 9 or 9:30 am – 10 or 10:30 am
Homewood Residence at Victoria
9606 NE Zac Lentz Parkway
582-2100

SUPPORT GROUPS (grief)

Victoria Compassionate Friends (support to families who have experienced the death of a child of any age by any cause)

2nd Tuesday from 7:00 – 8:30 pm
First United Methodist Church
407 N. Bridge
Contact Doris at 361-573-9886 or Linda at 361-570-8404

Widows, Widowers, and Bereavement Support Group (also see divorcees)

One Tuesday a month (call to exact date) from 7 – 9 p.m.
Trinity Hall
208 W River St
Victoria, TX
Contact Naomi at 361-578-4175; 361-648-3318

Hospice of South Texas Grief Support Group (for anyone who has suffered a loss)

Runs in 5 weeks sessions, usually meeting at night. There are occasional day sessions.
Different Locations – not just Victoria
605 E Locust
Contact Hospice at 361-572-4300 or 1-800-874-6908

Accolade Hospice

Group and One on One counseling regarding grief
Call for an appointment
222 W Grand Ave Yoakum, TX 77995-2614 - (361) 293-9099

WORKSHOPS

FREE Workshops on a variety of Topics including ADHD, Bipolar Disorder, Depression, OCD, Tourettes, Anxiety, Anger Management, Couple's Communication, etc. Sessions will be held once per month (except December) and include video/slide presentations followed by open discussion.

Pre-Registration is required. Call (361)578-7441.

Space is limited for each workshop. WWW.CounselorVictoriaTexas.com

Virginia Ruschhaupt, M.A., LPC

2006 N. Navarro, Suite C

Victoria, TX 77901

VICTIMS OF ASSAULT

The Harbor (Port Lavaca) – Domestic Violence, Sexual Assault, Abuse, etc.

Counseling Services offered as well

361-552-5683

215 W Railroad

Port Lavaca, TX 77979

PARENTING

Faith Family Church

2002 E. Mockingbird

Call 361-573-2484, ext. 29 (Pastor Eli) for information and various classes available

Crossroads Youth & Family Services/STAR

Family counseling (home & school based; crisis intervention; case management; skills training)

292 Foster Field Dr.

P.O. Box 436

Victoria, TX 77902

(361) 578-3686 (Mon. – Fri. 8:00 a.m. – 5:00 p.m.)

(877) 876-7827 (evenings, weekends & holidays)

1-800-369-7512

Calhoun County (361) 649-9492 or 800-369-7512, ext. 81

Dewitt County (361) 649-9511 or 800-369-7512, ext. 82

Lavaca County 800-369-7512, ext. 80

Jackson County (361) 649-9513 or 800-369-7512, ext. 83

Reality Check

Victoria County Jail

101 North Glass St

Victoria, TX 77901

Allows adolescents who are participating in risky behavior to speak with inmates, tour the jail, and spend actual time in jail as a “reality check.”

Contact Sgt. Castillo (361) 574-8044 or Thurman Marshall (361) 575-0651

RELATIONSHIPS

Support Group on Relationships

Wednesdays at noon
Gulf Bend Center
6502 Nursery Dr.
Victoria, TX 77904
Usually in Room 102 with Lane or Charlotte

GAY & LESBIAN

Montrose Counseling Center Hotline

Houston, TX
713-529-0037
www.montrosecounselingcenter.org

Outreach Information Websites

Email address: GLBT@saa-recovery.org

www.gayswitchboardhouston.org
713-529-3211

AUTISM

Website with helpful information on local resources:

www.aspectrumofhope.org

MENTAL HEALTH—GENERAL INTEREST

NAMI

2nd Monday from 6:30 – 8:30
Parkway Baptist Church
Contact Patsy Wepler at 361-578-3935

CRISIS HOTLINES

Mid Coast Family Services

(361) 575-7842 or 1-888-575-7842 or (for Domestic Violence) 1-800-870-0368

1801 Laurent, Suite 200

Victoria TX 77901

Domestic Violence Issues, Homelessness Assistance, and Substance Abuse Issues

Gulf Bend Center MHMR

(361) 575-0611 or 1-877-SAFE-GBC (1-877-723-3422)

The Harbor

215 W Railroad

Port Lavaca, TX 77979

(361) 552-5683

Domestic violence, Sexual assault, Abuse, etc

Hope of South Texas

314 E Rio Grande

Victoria, TX 77901

Sexual Assault

1-800-365-7345

Department of Protective and Regulatory Services

Child Protective Services (CPS) Adult Protective Services (APS)

1-800-252-5400

Crossroads Youth & Family Services & STAR

(361) 578-3686 or 800-369-7512

VA (Veteran's) Crisis & Suicide Hotline

800-273-8255

HEALTH DEPARTMENTS

Calhoun County (361) 552-9721
Dewitt County (361) 275-0920
Goliad County (361) 645-2595
Jackson County (361) 782-5221
Victoria County (361) 578-6281

TEXAS HIV/STD Clinic

VICTORIA CITY/COUNTY HEALTH DEPARTMENT - Special Services

Primary Care for HIV patients

Provides testing for HIV, syphilis; housing/utilities assistance; transportation to other clinics/hospitals; immunizations and labwork; has a pantry with food and hygiene items open every Tuesday.

(361)578-6281 ext 3801

PROGRAM FOR STD TREATMENT

Office located in Old Mall at Red River & Laurent

Deborah is a DSHS nurse funded by the state and located in Victoria. She has meds in her office and can treat patients that cannot afford medication

Deborah Mayhew 361-894-1424; Fax 361-574-7396

TEXAS HIV/STD INFOLINE

1-800-CDC-INFO (800-232-4636)

1-800-299-AIDS

1-800-299-2437 (en Espanol)

www.dshs.state.tx.us/hivstd

SMOKING CESSATION

Smoking Cessation Classes

Citizens Medical Center

Call 578-9473 to schedule

free

AREA DOCTORS that accept Medicaid

Dr. Pablo Garza family practice (*No new Adult Medicaid patients, some children and adolescents on a case by case basis*)

2806 N. Navarro St.
Victoria, TX 77901
(361) 576-2108

Dr. Suresh Pathikonda and Dr. Maya Pathikonda (Pediatrics)
newborn, child and adolescent medicine – PARENTS MUST CALL 1st

601 Airline
Victoria, TX 77901
(361) 575-8500

Dr. Gary Cox (Dermatology)

2705 Hospital Dr Ste 100 (across from Citizens Hospital)
Victoria, TX 77901
(361) 579-4700

American Regional Health Center

202 James Coleman Dr, Ste C
Victoria, TX 77901
(361) 576-2222
By appt only Monday-Friday 8am-5pm

Dr. Arun Jain

601 E San Antonio St, Ste 304
Victoria, TX 77901
(361) 575-8585
Accepts Medicaid/Medicare

Community Health Centers of South Central Texas

228 St. George
Gonzales, TX 78629
830-672-6511

Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis) May have sliding scale payments available

AREA DENTIST that accept Medicaid

Dr. Paul Roeh General Dentistry *pronounced "Row"*

*** accepts Medicaid for children ages 5-21 only**

109 Professional Park Dr.

Victoria, TX 77901

(361) 575-1151

Mon – Wed 8:00 am - 12:00 pm; 1:00 pm – 5:00 pm

Thurs. 7:30 am – 2:30 pm

Dr. WH Shuttlesworth

Dr. Liane Shuttlesworth (Pediatric dentistry)

*** accepts Medicaid for those under 5 years old only**

4301 Retama Circle

Victoria

(361) 578-9031

Dr. Gary Fries (Oral Surgery) *pronounced "Freeze"*

***accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

Dr. Thomas B. Carter (Oral Surgery)

*** accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

Patti Dobson Health Center (General Dentistry provided by area dentists)

*** call Lynette to schedule appts. (appt days vary depending on dentist available)**

*** Medicaid accepted for those 4-19 years of age only**

2805 N. Navarro

Victoria

(361) 578-6281

Community Health Centers of South Central Texas

228 St. George

Gonzales, TX 78629

830-672-6511

Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis). May have sliding scale payments available.

UTSA Dental Program

210-567-3217

For emergencies call 3212

AREA HOSPITALS/CLINICS

Victoria County

Citizens Medical Center (361) 573-9181
Detar Hospital (361) 575-7441

Navarro Clinic
11:00 a.m. – 7:00 p.m.
2805 N. Navarro
(361) 574-1740

Jackson County

Jackson Healthcare Center (361) 782-5241
Jackson County Hospital (361) 782-7800

Dewitt County

Cuero Community Hospital (361) 275-6191

Lavaca County

Yoakum Community Hospital (361) 293-2321
Lavaca Medical Center (361) 798-3671

Calhoun County

Memorial Medical Center (361) 552-6713

Refugio County

Refugio Co. Memorial Hospital (361) 526-2321

PRESCRIPTION ASSISTANCE

Many local hospitals have indigent programs and/or patient assistance programs available through the county

Pharmaceutical companies can also be contacted directly for assistance

211 Texas

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

First United Methodist Church

407 N. Bridge
Victoria, TX 77901
576-5553

Mondays only from 8:00 a.m. – 12:00 noon—at times they may close early if they have 30 or more clients signed up by 10:30. Please come as early as you can. You **MUST** bring the following: current proof of income for each member of the household, such as Social Security statement, a copy of previous years income tax return or SSA 1099, last 3 months pay stubs; Social Security Card & Medicare Card; prescriptions written by your doctor; prescription bottles that are current. There is no assistance for OTC meds. There is no assistance if you receive free prescriptions through Medicaid or GBC. Also cannot help with prescriptions from out of town MD's or the Detar Senior Care Center (they have assistance for their patients).

VCAM

Mon. – Fri. from 9:00 a.m. – 12:00 noon
401 E. Juan Linn
572-0048

Calhoun County Indigent Program

Memorial Medical Center
815 N. Virginia St.
Port Lavaca, TX 77979
(361) 552-6713

LIMA Program, Yoakum Community Hospital

Assistance can be found through most local county hospitals

www.needymeds.com

Partnership for Prescription Assistance

A free service to help those who do not have prescription coverage and cannot afford their medications

Call 1-888-4PPA-NOW (1-888-477-2669)

Or Visit www.pparx.org

Before you call, have all your medicine and/or prescriptions ready

NeedyMeds

www.NeedyMed.org

Has information on medicine and healthcare assistance programs.

We do not run a patient assistance program, and we do not supply medicine or financial assistance.

Christ's Kitchen

Mon. – Sat. from 11:00 a.m. – 1:00 p.m.

611 E. Warren

Victoria, TX

361-578-4233

Will provide assistance with prescriptions that are not routine (Ex: they will fill an antibiotic).

FOOD

DHS (food stamps)

Mon – Fri from 8:00 am – 5:00 pm
1502 E. Airline
Victoria, TX
361-578-3523

WIC

Mon. – Thurs. from 8:00 a.m. – 5:30 a.m.
Friday from 8:00 a.m. – 12:00 noon
2805 N. Navarro
Victoria, TX
361-578-2884

VCAM

Mon. – Fri. from 9:00 a.m. – 12:00 noon
401 E. Juan Linn
Victoria, TX
361-572-0048

Christ's Kitchen

Mon. – Sat. from 11:00 a.m. – 1:00 p.m.
611 E. Warren
Victoria, TX
361-578-4233

Will provide assistance with prescriptions that are not routine (Ex: they will fill an antibiotic).

Salvation Army

1302 N. Louis
Victoria, TX
361-576-1297
Food Distribution Days: Monday, Thursday and Friday from 9 am – 3pm

Good News Church

First Wed. of the month from 6:30 p.m. – 7:30 p.m.
4104 Houston Hwy, Victoria
573-4448

St. Mary's

Leave a message at 573-4328

Our Lady of Sorrows

Leave a message at 575-2293

Victory Outreach

3207 E. Oaklawn
Victoria, TX
361-572-9888

First United Methodist Church in Bloomington

220 Indiana
Victoria, TX
361-897-1911
Call or come by

Angel Food Ministries

Offers a monthly menu which includes approx. 16 items that includes but is not limited to: meats, vegetables, canned items, pasta, pancake mixes, rice, beans, eggs, dessert items, etc.

Cost is \$25 cash or money order at all locations, or food stamps (only accepted at Faith Family Church). Must have EXACT change. No checks accepted.

For an additional charge, you can also purchase other specials (e.g. Bacon-wrapped items; chicken combo box; sirloin strip steaks)

Must bring a large box to pick up the food

Place orders along with payment at the following locations:

Faith Family Church (this is also the distribution center)
2002 Mockingbird Lane
Sundays 8:00 a.m. to 12:45 p.m. or Wed. from 6:30 p.m. to 9:30 p.m.

The Bible Bookstore
6703 N. Navarro
Mon. – Sat. from 10:00 a.m. – 7 p.m.

Gone Bananas
Laurent Location
10:30 a.m. – 8:00 p.m.

All items not picked up during the designated time frame is considered a donation

211 Texas

Can also call 2-1-1 for additional resources in your area or go to:

www.211texas.org

HOUSING/SHELTER

Housing Authority

Mon. – Fri. from 9:00 a.m. – 3:30 p.m.
4001 Halsey, Victoria
575-3682

Salvation Army

Intake 5:00 p.m. daily
1302 N. Louis, Victoria
576-1297

Women’s Crisis Shelter (abused/domestic violence)

573-4357

Perpetual Help Home (homeless women only)

575-5335

La Dominion Apts.

Referral only—3 homeless units
3605 E. Forrest, Victoria
572-4566

211 Texas (*Rent payment assistance*)

Can call 2-1-1 for additional resources in your area or go to:
www.211texas.org

UTILITIES

Community Action

1007 Halsey, Victoria
572-0478

Lite-Up Texas

Provides qualified low-income individuals reduce the monthly cost of electric service.
1 (866) 454-8387

The Texas Department of Housing and Community Affairs (TDHCA)

Provides relief to those low income elderly and/or disabled households providing financial assistance, paying up to four of the highest bills during the year.
1 (877) 399-8939

Weatherization Assistance Program

Provides for energy related improvements to residences of low income Texans and educates consumers about energy conservation.
1 (888) 606-8889

211 Texas

Can also call 2-1-1 for additional resources in your area or go to:
www.211texas.org

TRANSPORTATION

Medicaid Van

For transportation to medical treatment

Must call 48 hours in advance

Have your Medicaid number available when you call

1-877-633-8747

Victoria Transit

361-578-8775

Senior Citizens

Mon – Fri from 8:00 am – 3:00 pm

Must call 24 hours in advance to schedule

361-576-2189

211 Texas

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

GED/ESL

English as a Second Language & GED classes

Victoria College

2200 E Red River

Victoria, TX 77901

(361) 573-7323

Employment Assistance

Texas Workforce Solutions-Golden Crescent

120 S Main, Suite 110 1st and 2nd Floors

Victoria, TX 77901

(361) 578-0341

Job Seekers can register for work on the internet Work in Texas Program

One on one service for employment search

Training programs available

Computer training available

Project Rio—Job assistance for individuals on probation or parole

DARS Department of Assistive and Rehabilitative Services-Division for

Rehabilitation

4102 N Navarro-Suite D-2

Victoria, TX 77901

(361) 580-5700

Fax: (361) 570-5720

Vocational Rehabilitative Services for persons with disabilities—Assistance with training, skill development, and seeking employment

Sleep Disorder Clinics

Premier Sleep Disorders Center

3 Locations:

111 North Park Victoria, TX 77901
124 E Walters St. Shiner, TX 77984
1811-A Broadway Rockport, TX 78382

(361) 572-9654

Fax: (361) 485-2233

If you have or suspect you have a sleeping disorder that's keeping you from living your life to the fullest.

Accepts almost all insurance, Medicaid, Medicare, Private Pay

Burks Family Practice, Sleep Disorders, Wellness, & Weight Management

2806 North Navarro Ste. C

Victoria, TX 77901

(361) 572-0054

Ages 2 to elderly

Most private insurances accepted along with Medicaid/Medicare

Walk-In Clinics

Twin Fountains

Dr. John McNeil and Desi Young, ENP-C

361-578-5730

3002 Sam Houston Drive

Victoria, TX 77904

www.twinfountainsplaza.com

Texas Health Center

Dr. Starkey, Dr. Klein, Dr. Bouthillette, Kristin Wilke, PA-C

361-576-0330

4804 N. Navarro St. (next to Texas Roadhouse restaurant)

Victoria, TX

Open Mon 7:30 am – 6 pm and Tue-Fri 7:30 am – 5:00 pm

Crossroads Health Center

Dr. Bhatia

361-573-9999

4504 Laurent St.

Open 7 days a week

Mon – Fri 9:00 am – 7:00 pm

Sat & Sun 9:00 am – 5:00 pm

www.crossroadshealthcenter.net