NOTE: This is by no means a comprehensive list of resources in our community. For more, please look at the following website: [http://www.gcrpc.org/Aging%20%211-2005.pdf](http://www.gcrpc.org/Aging%20%211-2005.pdf).

### TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychiatrists</td>
<td>2</td>
</tr>
<tr>
<td>Counselors &amp; Psychotherapists</td>
<td>4</td>
</tr>
<tr>
<td>Detar North IOP</td>
<td>8</td>
</tr>
<tr>
<td>Substance Abuse Treatment</td>
<td>9</td>
</tr>
<tr>
<td>Support Groups</td>
<td></td>
</tr>
<tr>
<td>Alcohol</td>
<td>11</td>
</tr>
<tr>
<td>Al-anon</td>
<td>12</td>
</tr>
<tr>
<td>Drug Addictions</td>
<td>13</td>
</tr>
<tr>
<td>Other Addictions</td>
<td>13</td>
</tr>
<tr>
<td>Physical Conditions</td>
<td>14</td>
</tr>
<tr>
<td>Alzheimer’s</td>
<td>15</td>
</tr>
<tr>
<td>Grief</td>
<td>15</td>
</tr>
<tr>
<td>Celebrate Recovery</td>
<td>16</td>
</tr>
<tr>
<td>Victims of Assault</td>
<td>17</td>
</tr>
<tr>
<td>Military Supports</td>
<td>17</td>
</tr>
<tr>
<td>Parenting</td>
<td>18</td>
</tr>
<tr>
<td>Relationships</td>
<td>19</td>
</tr>
<tr>
<td>Gay, Lesbian, Bisexual &amp; Transgender</td>
<td>19</td>
</tr>
<tr>
<td>Autism</td>
<td>19</td>
</tr>
<tr>
<td>Mental Health (general interest)</td>
<td>19</td>
</tr>
<tr>
<td>Crisis Lines</td>
<td>20</td>
</tr>
<tr>
<td>Health Departments</td>
<td>21</td>
</tr>
<tr>
<td>Texas HIV/STD clinic/info line</td>
<td>21</td>
</tr>
<tr>
<td>Smoking Cessation</td>
<td>21</td>
</tr>
<tr>
<td>STARS Program</td>
<td>22</td>
</tr>
<tr>
<td>Area MD’s that accept Medicaid</td>
<td>23</td>
</tr>
<tr>
<td>Area dentists that accept Medicaid</td>
<td>24</td>
</tr>
<tr>
<td>General Dental Assistance</td>
<td>25</td>
</tr>
<tr>
<td>Area Hospitals/Clincs</td>
<td>25</td>
</tr>
<tr>
<td>Prescription Assistance</td>
<td>26</td>
</tr>
<tr>
<td>Food Assistance</td>
<td>28</td>
</tr>
<tr>
<td>Housing/Shelter</td>
<td>30</td>
</tr>
<tr>
<td>Utilities</td>
<td>31</td>
</tr>
<tr>
<td>Clothing</td>
<td>32</td>
</tr>
<tr>
<td>Transportation</td>
<td>32</td>
</tr>
<tr>
<td>Social Security Assistance</td>
<td>33</td>
</tr>
<tr>
<td>GED/ESL</td>
<td>33</td>
</tr>
<tr>
<td>Employment Assistance</td>
<td>33</td>
</tr>
<tr>
<td>Sleep Disorders</td>
<td>34</td>
</tr>
<tr>
<td>Sleep Disorders</td>
<td>34</td>
</tr>
<tr>
<td>Walk-In Clinics</td>
<td>35</td>
</tr>
</tbody>
</table>
PSYCHIATRISTS

South Texas Psychiatric Associates (STPA)—Ages 3 and up
Dr. M. Mangipudi
Dr. U. Maruvada
Dr. K. Rayasam
Main Office: 4234 Weber Road, Corpus Christi, TX 78411
Victoria Office: 4408 Lilac Ln. Ste. C Victoria, TX 77904
1-800-411-8536
(361) 857-2090
Serving Ganado, Goliad, Cuero, Palacios, Port Lavaca, Gonzales, Shiner, Hallettsville, Bloomington, Yoakum, Edna, etc. in Victoria Office on a full-time basis.
Accepts private pay, private insurance, Medicaid, and Medicare

Victoria Psychiatric Associates
Dr. R. Lyman (Ages 17 and up)
2710 Hospital Drive, Suite 202
Victoria, TX 77901
(361) 579-1388
Accepts private pay, private insurance, No longer accepts Medicaid/Medicare

Dr. R. Capitaine (Ages 4 and up)
Corpus Christi, TX
1-361-993-4835
*Victoria Counseling & Assessment office
2002 Commerce, Suite C
Victoria, TX 77901
In Victoria every other Friday ONLY
(361) 570-1444—for directions
1-361-993-4835—for scheduling and main # for patients
Accepts Medicaid, Medicare, and private insurance

Veteran’s Clinic (Victoria VA Outpatient Clinic for VETERANS ONLY)
Dr. Elizabeth John, Psychiatric Services
1502 East Airline, Suite 40
Victoria, TX 77901
(361) 582-7700
***Veteran’s Crisis Hotline – 800-273-8255***
Outpatient Medical Services also provided (some spouses of veterans eligible NO CHILDREN)

Dr. Fisher (Disability and Social Security Evaluations ONLY)
2705 Hospital Dr # 300
Victoria, TX 77901
(361) 578-8633
One-time visits ONLY

Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)
101 W Goodwin Ave
Victoria, TX 77901
(361) 576-0694
$150 initial visit fee, $75 follow-up fee. Currently does not take insurance, but will provide forms for insurance reimbursement.
Psychiatrists Outside of Victoria

Dr. J. Biggs
161 Lay Street
Hallettsville, TX 77964
(361) 798-5168

Dr. John Hopper (sees both children and adults 3 and up)
101 N Magnolia St.
Rockport, TX 78382
(361) 729-5357  Fax: (361) 727-2036
Sees both medical and psychiatric patients
Accepts most private insurance and private pay, Medicare, Medicaid, no sliding scale

Psychiatric Consulting Services
Dr. N. Praderio (Geriatric Psychiatry Specialty but sees ages 20 and up)
817 Ayers
Corpus Christi, TX 78404
(361) 887-9600
Serving Beeville, Corpus Christi, Kingsville and Victoria
Accepts private insurance, Medicaid, Medicare, and some private pay

Dr. J. Eades-Serves Galveston County (Ages 18 and up)
Dr. G. Schlagenhauf-Serves Brazoria County (Ages 18 and up)
Gulf Coast Center MHMR (Children’s Services Department also available)
MH Adult / MR Services
1-800-643-0967
MH Child
1-877-226-8780
Accepts private pay, private insurance, Medicaid, and Medicare

Dr. Bouras (Ages 18 and older)
10405 Katy Fwy, Suite 140
Houston, TX 77024
(713) 973-7246

Wharton Psychiatric Associates (sees ages 2 and up, Geriatric Psych available)
Dr. Patel
246 West Milam St
Wharton, TX 77488
(979) 532-8484
Accepts private pay, most private insurance, Medicaid, and Medicare – services somewhat limited Dr. Brams also has an office in Lake Jackson – call here to be referred
COUNSELORS & PSYCHOTHERAPISTS

Donald Blavier, Ph.D, LPC, LMFT
1004 Guadalupe
Victoria, TX 77901
(361) 574-9892
Individual and Family Counseling, Ages 9 & above
Accepts Medicaid, CHIP, private insurance, or private pay

Billy T. Cattan Recovery Outreach (substance abuse)
Stephen Lovitt, LPC
4011 Halsey
Victoria, TX 77901
(361) 576-4673
Non-profit; Need to go to Mid-Coast Family Services for screening/assessment first, then, if qualified, can go here for outpatient treatment only-NO INPATIENT SERVICES

The Counseling Center
Laurie Graham, LPC (ages 10+)
Lexey Fender, LPC (ages 4+)
1501 E. Mockingbird
Victoria, TX 77904
(361) 575-4351

Linda Ward, LPC (ages 10+ in Pt Lavaca office only)
177 High Bluff Rd
Port Lavaca, TX 77979
(361) 550-7001
Accepts Medicaid and private insurance

Gonik & Associates, Clinical Psychology and Behavioral Services
Uri Gonik, Ph.D. (ages 18+)
Sandra Breech Med, LPC, RPT (ages 2+ specialty in Play Therapy)
Patricia Smart, Psy.D (ages 18+)
Kelly Paulk MA, LPC
Cleva Schoener, LPC
Elizabeth Jaeckle, LPC
Gloria “Annie” Coffey Med, LPC (specialty in Family/Marriage Therapy)
Sharon Whitley, LCSW
2003 Patterson
Victoria, TX 77901
(361) 575-5021
Ages 16 & above only/Accepts Medicaid, Medicare & Private Insurance (will see some younger patients on a case by case basis)
Heritage Program (Depression, Anxiety, Aging, and Loss of Independence)
Refugio Memorial Hospital
Barbara Nurre
Mark Fitzsimmons, LPMSW
(361) 526-2321, Ext 203
107 Swift
Refugio TX 78337 (For Seniors, Age 65 and above—will also see younger patients)
Accepts Medicare and Private Insurance

New Beginnings Counseling Center
Rick Torres, LPC
Gail Spurgeon, LPC
Cheryl Green, LMSW-ACP
Ginger Corn, LPC, Med
Danna Harrison, LPC
1501 E Mockingbird Ln Suite 262
Victoria, Texas 77901
(361) 570-8900
Fax (361) 570-8903
Chemical Dependency, Eating Disorders, Family, Individual & Marriage Counseling,
Ages 3+ (Call office for insurance and general information)

Reclamation Counseling Center
Lucy Holder, LPC, LMSW
Joann Schrimscher, LPC, RPT
Robert Gonzales, LPC
Shannon Holder, LPC
Virginia Frnka, LPC
Mary Hoekstra, LPC
506 Glasgow
Victoria, TX 77904
(361) 576-3385
Individual, Family, Marital, Group, Play Therapy, Consultations
Anger Management, every six weeks on a Friday & Saturday for $120
Ages 2 and above
Medicaid, Medicare, CHIP, most insurances, private pay ($65)

Crossroads Counseling
Karen Redus, Ph.D. (ages 2+)
104 Kelley Dr. Ste D
Victoria, TX 77904
(361) 574-9911
Fax: (361) 574-9985
Medicare, Medicaid, private pay and most insurance; Offers ADHD testing, IQ/Adaptive
testing
Susan Satava, LPC-S, RPT (specializes in trauma, loss and play therapy)
Heritage Mark Building
5606 N. Navarro
Victoria, TX 77904
(361) 579-8184
Accepts Medicaid, private pay, some insurances, ages 2+

Sharon Stubblefield, Ph.D., LPC
401 W Brazos
(361) 575-1049
Individual, Marriage, Family & Couples Counseling; grief & bereavement
Ages 6 and above
Accepts private insurance only, NO Medicaid/Medicare; client pays up front, then is reimbursed by insurance

Stable Life Counseling Center, LLC (child, adolescent, adult, family, play therapy, Christian Counseling, Horse Assisted Counseling)
Shirley Johnson, LBSW, LPC (Equine Therapy)
Eva Aleman, LPC (play therapy), Spanish speaking
Mary Mayorga, Ph.D., LPC (substance abuse specialist)
Karan Redus, Ph.D.
3806 N. Main
Victoria, TX 77901
(361) 485-0899
Blue Cross/Blue Shield, Signa, Medicaid, private pay

Texas Play Therapy
Trish Suarez, R.N., M.A., LPC
1101 Salem Dr., Suite A
Victoria, TX 77904
(361) 648-9704
Medicaid, most insurances, private pay

Veteran’s Clinic
Tony DeBona, LMSW
4206 E. Retama
Victoria TX 77901
(361) 582-7708
Veterans only
Victoria Counseling Services  (ages 3 +)
David Hensley, Ph.D.
Vidal Guevara, LPC-S, LPA, LSSP
Kim Wilgus, LPC
Justin Alexander, LPC  (ages 4+)
2002 Commerce, Suite C
Victoria, TX 77901
(361) 570-1444

Medicaid, most private insurance, private pay

Place4 Counseling Center
Barbara H Bohman, MA, LPC
Sara Serrano, MA, LPC
6502 Nursery Dr, Ste 104
Victoria, TX 77901
(361) 582-5364

$100 per hour; Individual, couples, and family psychotherapy services for adults, children
and adolescents; group sessions and psycho-educational services

Medicaid, most private insurance, private pay
Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria county residents only

Psychological Wellness Center  (ages 5+)
Burton A Kittay, Ph.D
5350 S Staples #200
Corpus Christi, TX 78411
(361) 992-2244

Office in Corpus Christi ONLY; Accepts private pay, most private insurance, Medicare,
Medicaid

New Directions  (ages 5+)
Jill O’Neill, LPC (other counselors available as well)
Heritage Mark Building
5606 Navarro, Ste 202
Victoria, TX 77904
(361) 485-0755
fax – (361) 894-7450

Accepts Medicaid, BCBS, and other private insurance plans

Next Step Counseling and Education Center
Delores White, MA, LPC
Paul Hamilton, Ph.D.
4702 N Laurent
Victoria, TX 77904
(361) 572-0202

Serves individuals and couples, focus on grief, depression, separation/divorce, women’s
issues, parenting, aging, anger management, trauma; Care provided on a sliding scale; No
insurance accepted; LPCT’s and practicum students may also be available for counseling
No Charge Counseling Services
(Reserved for those without benefits)

The South Texas Children’s Home-Family Ministry
Lorraine Turner, MA-LPC
Catherine Russell
303 E. Airline, Suite 3
Victoria, TX 77901
(361) 575-5151---Victoria
(361) 991-8680---Corpus Christi
Christian Counseling Services
Provides short-term only Individual, Marriage, & Family Therapy—Play therapy available for children
Primary focus on stress, anxiety, depression ---- MUST call first to determine eligibility
www.stch.org

Paul Primm, LMFT
**private pay only – works on sliding scale**
5606 N Navarro, Ste 3M
Victoria, TX 77904
(361) 935-1938
Ages 12 +

Crossroads Youth & Family Services
Short-term counseling for youth under 18 & their families
Free of charge
6502 Nursery Dr
Victoria, TX 77904
361-578-3686

Intensive Outpatient Programs

Detar North IOP
101 Medical Drive
Victoria, TX 77904
Accepts BOTH insured and uninsured patients – 4 week outpatient program (9 hours of treatment per week); Tougher cases referred here - focus on depression, anxiety, bipolar, relationship problems, etc. Patients with baseline hallucinations are NOT automatically ruled out. Can be in IOP program and an active GBC client
Main contact – Cindy  361-788-2587
Treatment Associates – Can call directly
Substance abuse treatment, half-way house
Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient
107 Cozzi Circle
Victoria, TX 77901
(361) 572-3006
(361) 572-3007
Private pay, insurance, Military insurance (e.g., VA, TRICARE)
Spanish speaking available

Billy T. Cattan Recovery Outreach, Inc. – seen by appointment ONLY
Outpatient, non-profit
Mon. – Thurs. 8:00 – 12:00 noon & 2:00 – 8:00
Friday 9:00 – 12:00 noon
By cell phone 24/7
4011 Halsey
Victoria, TX 77901
Office: (361) 576-HOPE (4673)
Cell: (361) 648-HOPE (4673)

La Hacienda Treatment Center (Hill Country Area)
Inpatient
FM 1340, P.O. Box 1
Hunt, TX 78024
830-238-4222
800-749-6160
www.lahacienda.com

Basin Detox Systems, Inc. (West Texas) – Detox only, no referral required
Inpatient
1-800-317-7818
www.basindetox.com
Medicare/Medicaid (traditional Medicaid only) accepted, private insurance, private pay
Spanish speaking

Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – Detox and Rehab Service, No referral required, Adolescents (Boys only) & Adult (Male & Female)
P. O. Box 317
230 Mesa Verde Dr. E
Center Point, TX 78010
Located approximately 50 miles northwest of San Antonio
1-800-797-6237 (call for a free consultation
info@starliterecoveryc.com
Accepts most major insurance, private pay, NO Medicaid/Medicare
Mid-Coast Family Services

For adults AND minors
120 S Main, Suite 310
Victoria, TX 77901
(361) 575-7842
(361) 573-4357 (573-HOPE) - Hotline
midcoastfamily.org
Screenings done on a walk-in basis Mon-Thur at 8 am, 10 am, & 1 pm; 3pm is saved for appointments for out-of-town clients. Client MUST be voluntary and wanting help. After screening, MCFS staff will determine if in-patient or out-patient services are necessary and assist in finding a rehab facility. 2 forms of ID required (i.e., State ID/ Driver License, SS Card, etc).

Alcohol Chemical Treatment
Outpatient Classes (Does meet requirements for Probation)
Every Monday at 7:30pm
3402 N Main St
Victoria, TX 77901
(361) 573-4726
Free of charge despite a one time fee of $20 for processing of paperwork

Best Recovery Health Care, Inc.
Methadone Clinic (Lortab, Heroine, etc) – Private pay only
1708 N Laurent
Victoria, TX 77901
(361) 572-9122
SUPPORT GROUPS (Alcohol)

Alcoholics Anonymous
(361) 788-4534 call for meeting info
Victoria TX 77904
Other area counties available
www.aa.org

ACTS program (Alcohol Chemical Treatment Series)
Meets 7:30-8:30pm Mondays
3402 N. Main
(361) 575-4905; 573-4726
Offers educational classes on drug and alcohol abuse; $20 initial fee (which can be broken up over time)

North Loop Group Alcoholics Anonymous
7pm Tuesday
Holy Family Catholic Church Education Bldg.
704 Mallete Dr. room 201

Victoria Women’s Meeting of Alcoholics Anonymous
Meets 5:30pm Tuesday
The Arc Building 2408 N. Navarro

Non-smoking Alcoholics Anonymous
8pm Monday-Saturday
1408 E. Santa Rosa (next to the American Legion Hall)

Main Stream Group of Alcoholics Anonymous
Noon on Monday-Saturday
The Serenity Building (at the intersection of N. Main and Conti Lane)
6007 B North Main

El Neuvo Dia Alcoholics Anonymous
Tuesday 6pm (Bilingual)
Thursday 5:30pm (bilingual)
Saturday noon (English)
Sunday 2pm (Spanish)
1010 E. Juan Linn

Solution Group of Alcoholics Anonymous
8:30am Sundays
1908 N. Laurent Suite 100

Christians Against Substance Abuse (CASA) – No Charge
Meets Thurs & Sat @ 7 pm
Central Church of Christ
801 E. Airline, Annex Bldg., Victoria
Church- 361-573-9133
Matt Wooton – 361-655-8282
SUPPORT GROUPS  (Al-anon)

www.texas-al-anon.org
Best site for meetings all over the area – Cuero, Yoakum, Edna, Halletsville, etc

The Keep Coming Back Al-Anon Group
Call for meeting times
Education Building of Holy Family Catholic Church
704 Mallette Drive
Victoria TX 77904
361-573-5304

Al-Anon Adult Children of Alcoholics
Call for meeting times
Library of Christ the Victor Lutheran Church
202 Stanley
Victoria TX
(361) 575-4363
SUPPORT GROUPS (drug addiction)

Narcotics Anonymous
*Monday, Wednesday, & Friday at 7:00 PM*
3310 N. Ben Jordan
Victoria TX
(361) 572-5500—can call here to get list of all meeting, as they sometimes change

Victoria Narcotics Anonymous
*7-8pm Monday, Wednesday and Friday*
St. Mark’s United Methodist Church
3310 N. Ben Jordan
Victoria, TX 77901

Spoken Hearts Narcotics Anonymous
*10:30pm-midnight Saturdays*
4011 Halsey
Victoria, TX 77901

SUPPORT GROUPS (other addictions)

Overeaters Anonymous
*Call for appointment times*
2010 N Navarro, Ste B
Victoria TX
(361) 503-2828

Sex Addicts Anonymous
[www.sexaar.org](http://www.sexaar.org)

Emotions Anonymous
6:30 p.m. Tuesdays
Victoria Regional Professional Building
(361) 572-3551
**SUPPORT GROUPS (physical conditions)**

**Bosom Buddies Breast Cancer Support Group/Brown Bag Bunch**
4th Thursday at 11:30 am
Incredible Pizza on Navarro
Victoria, TX
Members who wish to eat, lunch is approx $5
Contact Kathy Davidson at 361-580-1648

**Detar Healthcare System’s Lunch Bunch Diabetes Support Group**
2nd Tuesday at noon
DeTar Hospital Navarro in the MEDI Center education classroom
Lunch is $5
Contact Dottie Bitterly, R.N., CDE at 361-788-6142

**Victoria Parents Diabetes Support Group**
Meets monthly for support activities with their children
Contact Dottie Bitterly at 361-788-6142 or Pamela Younts at 361-573-7374

**Memorial Medical Center’s Diabetes Support Group (Port Lavaca)**
3rd Monday
Third floor classroom
Contact Amy Day at 361-552-0261

**Lupus Support Group**
800-809-3953

**Victoria Association for Citizens with Disabilities**
3rd Tuesday at 7 p.m.
Jaycee Hall: Contact Barbara Brooks at 361-7882 or Gary Moses at 361-573-2853

**The Gabriel Project**
For pregnant women to receive assistance for basic needs, support, and counseling
877-932-2732
**SUPPORT GROUPS (Alzheimers)**

Alzheimer's Support Group (Cuero)
Every 4th Thursday
2:00 pm – 3:30 pm
First United Methodist Church
Cuero, TX
Contact Bea Smith at 361-275-4828 or 361-275-5242

Alzheimer's Support Group (Victoria)
3rd Tuesday; 9 or 9:30 am – 10 or 10:30 am
Homewood Residence at Victoria
9606 NE Zac Lentz Parkway
582-2100

**SUPPORT GROUPS (grief)**

Victoria Compassionate Friends (support to families who have experienced the death of a child of any age by any cause)
2nd Tuesday from 7:00 – 8:30 pm
First United Methodist Church
407 N. Bridge
Contact Doris at 361-573-9886 or Linda at 361-570-8404

Widows, Widowers, and Bereavement Support Group (also see divorcees)
One Tuesday a month (call to exact date) from 7 – 9 p.m.
Trinity Hall
208 W River St
Victoria, TX
Contact Naomi at 361-578-4175; 361-648-3318

Hospice of South Texas Grief Support Group (for anyone who has suffered a loss)
Runs in 5 weeks sessions, usually meeting at night. There are occasional day sessions.
Different Locations – not just Victoria
605 E Locust
Contact Hospice at 361-572-4300 or 1-800-874-6908

Accolade Hospice
Group and One on One counseling regarding grief
Call for an appointment
222 W Grand Ave Yoakum, TX 77995-2614 – (361) 293-9099
CELEBRATE RECOVERY

**Faith Family Church**  
2002 East Mockingbird  
Victoria, TX 77901  
361-573-2484  
FREE Faith-based support groups, training sessions, and Saddleback Church program to address multiple issues: *chemical dependency*, *victims of abuse (physical, emotional, sexual)*, *depression*, *loss of loved ones (removals from home, break-ups, divorce, death)*.

Meets guidelines for CPS, parole, and probation

Meetings are usually on Thursday nights at 7 pm – 8 pm with a complimentary meal provided at 6 pm

Contact church for more info, or go to [www.saddleback.com](http://www.saddleback.com). Can also search online for Celebrate Recovery (select options affiliated with Saddleback Church)

**Parkway Baptist Church**  
4802 N. John Stockbauer Dr.  
Victoria, TX 77904

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Monday nights 6:30 pm – 8:30 pm, Snacks provided  
Contact Becky at 361-572-8340

**Trinity Church (Fellowship Hall)**  
2009 N Clinton St  
Cuero, TX 77954

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Tuesday nights 7:00 pm – 9:00 pm, Complimentary meal provided 6 pm – 7pm  
Contact Rev. Rick Bagwell 361-649-8655 or 361-275-6917  
[www.tcicuero.com](http://www.tcicuero.com)
**VICTIMS OF ASSAULT**

**The Harbor** (Port Lavaca) – Domestic Violence, Sexual Assault, Abuse, etc.
*Counseling Services offered as well*
*Also conducts forensic interviews for children that FIRST report abuse*
361-552-5683
215 W Railroad
Port Lavaca, TX 77979

**MidCoast Family Services**
Domestic Violence; Sexual Assault; Emotional/Verbal Abuse
361-575-7842
120 S. Main, Ste 310
Victoria, TX 77901

**SALSA – Sexual Assault Services & Assistance**
Free legal assistance for sexual assault victims
888-343-4414 (English/Spanish available)
M-F 8:00 am – 5:00 pm
[www.hopelaws.org](http://www.hopelaws.org)

**Battering Intervention & Prevention Program (BIPP)**
“Relationships of Promise” – counseling for perpetrators of family violence
24 week class that teaches accountability and appropriate interaction with family
Classes also available for women and Spanish speakers
361-575-7842
120 S. Main, Ste 310
Victoria, TX 77901

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**Military Supports**

**Disabled American Veterans Service Office**
Texas Workforce Commission Bldg
120 S Main St.
Victoria, TX
361-578-0341 x 247
Open Tuesday – Thursday, 9:00 am – 3:00 pm
Contact – Frank Torres
PARENTING

Faith Family Church
2002 E. Mockingbird
Call 361-573-2484, ext. 29 (Pastor Eli) for information and various classes available

Crossroads Youth & Family Services/STAR
Family counseling (home & school based; crisis intervention; case management; skills training)
292 Foster Field Dr.
P.O. Box 436
Victoria, TX 77902
(361) 578-3686 (Mon. – Fri. 8:00 a.m. – 5:00 p.m.)
(877) 876-7827 (evenings, weekends & holidays)
1-800-369-7512
   Calhoun County    (361) 649-9492 or 800-369-7512, ext. 81
   Dewitt County     (361) 649-9511 or 800-369-7512, ext. 82
   Lavaca County     800-369-7512, ext. 80
   Jackson County    (361) 649-9513 or 800-369-7512, ext. 83

Reality Check
Victoria County Jail
101 North Glass St
Victoria, TX 77901

Allows adolescents who are participating in risky behavior to speak with inmates, tour the jail, and spend actual time in jail as a “reality check.”

Contact Sgt. Castillo (361) 574-8044 or Thurman Marshall (361) 575-0651

Grandparents Raising Grandchildren (GRG)
Trinity Episcopal Church
1501 N. Glass
Victoria, TX 77901
(361) 573-3228

GRG support group meets 2nd Sunday every month. Childcare provided with phone call reservation. Safe & supportive environment in which to discuss experiences; educates and informs; provides temporary relief from the cares & worries of day to day problems; develops methods and skills for solving problems; encourages personal growth and development
RELATIONSHIPS

Support Group on Relationships
Wednesdays at noon
Gulf Bend Center
6502 Nursery Dr.
Victoria, TX 77904
Usually in Room 102 with Lane or Charlotte ($5 a session)

GAY, LESBIAN, BISEXUAL & TRANSGENDER

Montrose Counseling Center Hotline
Houston, TX
713-529-0037
www.montrosecounselingcenter.org

Outreach Information Websites
Email address: GLBT@saa-recovery.org

www.gayswitchboardhouston.org
713-529-3211

AUTISM

Website with helpful information on local resources:
www.aspectrumofhope.org

MENTAL HEALTH—GENERAL INTEREST

NAMI
3rd Monday from 6:00 – 7:30
St. Francis Episcopal
3002 Miori Ln
Contact Patsy Weppler at 361-578-3935 or Lisa Stryk 361-935-0080 (leave a message)
CRISIS HOTLINES

Mid Coast Family Services
(361) 575-7842 or (for Domestic Violence) 1-800-870-0368
120 S Main, Suite 310
Victoria TX 77901
Domestic Violence Issues, Homelessness Assistance, and Substance Abuse Issues

Gulf Bend Center MHMR
(361) 575-0611 or 1-877-SAFE-GBC (1-877-723-3422)

The Harbor
215 W Railroad
Port Lavaca, TX 77979
(361) 552-5683
Domestic violence, Sexual assault, Abuse, etc

Department of Protective and Regulatory Services
Child Protective Services (CPS) Adult Protective Services (APS)
1-800-252-5400

Crossroads Youth & Family Services & STAR
(361) 578-3686 or 800-369-7512

VA (Veteran’s) Crisis & Suicide Hotline
800-273-8255
HEALTH DEPARTMENTS

Calhoun County   (361) 552-9721
Dewitt County    (361) 275-0920
Goliad County    (361) 645-2595
Jackson County   (361) 782-5221
Victoria County  (361) 578-6281

TEXAS HIV/STD Clinic

VICTORIA CITY/COUNTY HEALTH DEPARTMENT – Special Services
Primary Care for HIV patients
Provides testing for HIV, syphilis; housing/utilities assistance; transportation to other
clinics/hospitals; immunizations and labwork; has a pantry with food and hygiene items
open every Tuesday.
(361)578-6281 ext 3801

PROGRAM FOR STD TREATMENT
Office located in Old Mall at Red River & Laurent
Deborah is a DSHS nurse funded by the state and located in Victoria. She has meds in
her office and can treat patients that cannot afford medication
Deborah Mayhew 361-894-1424; Fax 361-574-7396

TEXAS HIV/STD INFOLINE

1-800-CDC-INFO (800-232-4636)
1-800-299-AIDS
1-800-299-2437 (en Espanol)
www.dshs.state.tx.us/hivstd

SMOKING CESSATION

Smoking Cessation Classes
Citizens Medical Center
Call 578-9473 to schedule
free
STARS

South Texas Assessment & Referral Services (STARS), formerly known as Child Study Clinic, has served the Victoria County area since 1964, focusing on Children with special health care needs. The clinic does not treat or see any well babies. STARS provides the following services:

- Neuro-developmental evaluations
- Preemie developmental clinics
- Nutritional support
- Coordination of care
- Specialists/therapy referral
- Synagis administration (injection that is a preventative for the RSV infection)
- Genetics clinic

Amy Zeplin – Interim
117 Medical Dr., Ste. 4
Victoria, TX 77904
361-575-0681
Fax: 361-575-0100
childstudyclinic@gmail.com
AREA DOCTORS that accept Medicaid

**Dr. Pablo Garza family practice** *(No new Adult Medicaid patients, some children and adolescents on a case by case basis)*
2806 N. Navarro St.
Victoria, TX 77901
(361) 576-2108

**Dr. Suresh Pathikonda and Dr. Maya Pathikonda (Pediatrics)**
newborn, child and adolescent medicine – PARENTS MUST CALL 1st
601 Airline
Victoria, TX 77901
(361) 575-8500

**Dr. Gary Cox (Dermatology)**
2705 Hospital Dr Ste 100 (across from Citizens Hospital)
Victoria, TX 77901
(361) 579-4700

**American Regional Health Center**
202 James Coleman Dr, Ste C
Victoria, TX 77901
(361) 576-2222
By appt only Monday-Friday 8am-5pm

**Dr. Arun Jain**
601 E San Antonio St, Ste 304
Victoria, TX 77901
(361) 575-8585
Accepts Medicaid/Medicare

**Community Health Centers of South Central Texas**
228 St. George
Gonzales, TX 78629
830-672-6511
Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis) May have sliding scale payments available

**Dr. Terry Schneider (Optometry – eye exams, glasses, contacts, only)**
6801 N Navarro, Ste B (across from Green Brothers)
Victoria, TX 77901
(361) 433-8579
Sees ages 8+; Hours: MTW 1pm-6pm; Thurs. Noon – 5pm.
Accepts Medicaid/Medicare
**AREA DENTIST that accept Medicaid**

Dr. Paul Roeh  **General Dentistry**  *pronounced “Row”*
* accepts Medicaid for children ages 5-21 only
109 Professional Park Dr.
Victoria, TX 77901
(361) 575-1151
Mon – Wed 8:00 am – 12:00 pm; 1:00 pm – 5:00 pm
Thurs. 7:30 am – 2:30 pm

Dr. WH Shuttlesworth
Dr. Liane Shuttlesworth  **(Pediatric dentistry)**
* accepts Medicaid for those under 5 years old only
4301 Retama Circle
Victoria
(361) 578-9031

Dr. Gary Fries  **(Oral Surgery)**  *pronounced “Freeze”*
*accepts Medicaid for those under 21 years of age only
111 Professional Park Dr.
Victoria
(361) 578-0247

Dr. Thomas B. Carter  **(Oral Surgery)**
* accepts Medicaid for those under 21 years of age only
111 Professional Park Dr.
Victoria
(361) 578-0247

Patti Dobson Health Center  **(General Dentistry provided by area dentists)**
* call Lynette to schedule appts.  (appt days vary depending on dentist available)
* Medicaid accepted for those 4-19 years of age only
2805 N. Navarro
Victoria
(361) 578-6281

Community Health Centers of South Central Texas
228 St. George
Gonzales, TX 78629
830-672-6511
*Do NOT have to be a resident of Gonzales County* – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis). May have sliding scale payments available.

UTSA Dental Program
210-567-3217
For emergencies call 3212
GENERAL DENTAL ASSISTANCE

Affordable Dentures
http://www.affordabledentures.com/office/corpus-christi/
Richard Day, DMD
361-808-8101
Office located in Corpus Christi; Specialized in dentures (new & repair) and tooth extraction at discounted prices; payment plans/financing available

AREA HOSPITALS/CLINICS

Victoria County
Citizens Medical Center (361) 573-9181
Detar Hospital (361) 575-7441
Navarro Clinic (361) 574-1740
11:00 a.m. – 7:00 p.m.
2805 N. Navarro

Jackson County
Jackson Healthcare Center (361) 782-5241
Jackson County Hospital (361) 782-7800

Dewitt County
Cuero Community Hospital (361) 275-6191

Lavaca County
Yoakum Community Hospital (361) 293-2321
Lavaca Medical Center (361) 798-3671

Calhoun County
Memorial Medical Center (361) 552-6713

Refugio County
Refugio Co. Memorial Hospital (361) 526-2321
**PRESCRIPTION ASSISTANCE**

Many local hospitals have indigent programs and/or patient assistance programs available through the county

**Pharmaceutical companies can also be contacted directly for assistance**

**211 Texas**  
Can call 2-1-1 for additional resources in your area or go to:  
[www.211texas.org](http://www.211texas.org)

**First United Methodist Church**  
407 N. Bridge  
Victoria, TX 77901  
576-5553  
Mondays only from 8:00 a.m. – 12:00 noon—at times they may close early if they have 30 or more clients signed up by 10:30. Please come as early as you can. You MUST bring the following: current proof of income for each member of the household, such as Social Security statement, a copy of previous years income tax return or SSA 1099, last 3 months pay stubs; Social Security Card & Medicare Card; prescriptions written by your doctor; prescription bottles that are current. There is no assistance for OTC meds. There is no assistance if you receive free prescriptions through Medicaid or GBC. Also cannot help with prescriptions from out of town MD’s or the Detar Senior Care Center (they have assistance for their patients).

**VCAM**  
Mon. – Fri. from 9:00 a.m. – 12:00 noon  
108 N. Liberty  
572-0048

**Calhoun County Indigent Program**  
Memorial Medical Center  
815 N. Virginia St.  
Port Lavaca, TX 77979  
(361) 552-6713

**LIMA Program, Yoakum Community Hospital**  
361-293-5419

**Victoria County Indigent Program @ Citizens**  
361-582-1118

**Prescription Assistance Program – Dewitt Co/Cuero**  
361-275-3103

**St Vincent de Paul – Ganado/Jackson Co**  
361-771-3435

*Assistance can be found through most local county hospitals*
Partnership for Prescription Assistance

A free service to help those who do not have prescription coverage and cannot afford their medications

Call 1-888-4PPA-NOW (1-888-477-2669)
Or Visit www.pparx.org

Before you call, have all your medicine and/or prescriptions ready

NeedyMeds
www.NeedyMed.org

Has information on medicine and healthcare assistance programs.
We do not run a patient assistance program, and we do not supply medicine or financial assistance.

AmeriPlan Corporation
800-647-8421

Everyone’s Rx
361-578-2436

First Baptist Church in Gonzales, TX
830-672-9595

Healthwell Foundation
800-675-8416

The Medicine Program
866-694-3893

Novartis Patient Assistance
800-277-2254

Pfizer Patient Assistance
866-776-3700

RxHope
877-979-4673

Discount Prescriptions
800-291-1206
Families can save between 20% and 40% on their prescription medications. No exam needed. National program. No need to make trips to the pharmacy, medication shipped to the home. Call for free information.
FOOD

**DHS (food stamps)**
Mon – Fri from 8:00 am – 5:00 pm
1502 E. Airline
Victoria, TX
361-578-3523

**WIC**
Mon. – Thurs. from 8:00 a.m. – 5:30 a.m.
Friday from 8:00 a.m. – 12:00 noon
2805 N. Navarro
Victoria, TX
361-578-2884

**VCAM**
Mon. – Fri. from 9:00 a.m. – 12:00 noon
108 N. Liberty
Victoria, TX
361-572-0048

**Christ’s Kitchen**
Mon. – Sat. from 11:00 a.m. – 1:00 p.m.
611 E. Warren
Victoria, TX
361-578-4233

**Salvation Army**
Thursdays from 10:00 – 12:00
1302 N. Louis
Victoria, TX
361-576-1297

**Good News Church**
First Wed. of the month from 6:30 p.m. – 7:30 p.m.
4104 Houston Hwy, Victoria
573-4448

**St. Mary’s**
Leave a message at 573-4328

**Our Lady of Sorrows**
Leave a message at 575-2293

**Victory Outreach**
3207 E. Oaklawn
Victoria, TX
361-572-9888
First United Methodist Church in Bloomington
220 Indiana
Victoria, TX
361-897-1911
Call or come by

Angel Food Ministries
Offers a monthly menu which includes approx. 16 items that includes but is not limited to: meats, vegetables, canned items, pasta, pancake mixes, rice, beans, eggs, dessert items, etc.
Cost is $25 cash or money order at all locations, or food stamps (only accepted at Faith Family Church). Must have EXACT change. No checks accepted.
For an additional charge, you can also purchase other specials (e.g. Bacon-wrapped items; chicken combo box; sirloin strip steaks)
Must bring a large box to pick up the food
Place orders along with payment at the following locations:

Faith Family Church (this is also the distribution center)
2002 Mockingbird Lane
Sundays 8:00 a.m. to 12:45 p.m. or Wed. from 6:30 p.m. to 9:30 p.m.

The Bible Bookstore
6703 N. Navarro
Mon. – Sat. from 10:00 a.m. – 7 p.m.

Gone Bananas
Laurent Location
10:30 a.m. – 8:00 p.m.

All items not picked up during the designated time frame is considered a donation

Encounter Community Outreach
Victory Christian Life Center
1604 E Crestwood
361-573-5930
They pass out food on Wed. 9-5pm & serve a hot meal from 5-7pm. They ask the people to pay a little for the meal if they can. I.D. & S.S. # required but do not need to prove income. After individuals are given food the 1st time, “Outreach” will have the person make an appt w/ them to discuss their needs & what assistance they might need.

211 Texas
Can also call 2-1-1 for additional resources in your area or go to:
www.211texas.org
HOUSING/SHELTER

Housing Authority
Mon. – Fri. from 9:00 a.m. – 3:30 p.m.
4001 Halsey, Victoria
(361) 575-3682

Salvation Army
Intake 5:00 p.m. daily
1302 N. Louis, Victoria
(361) 576-1297

Women’s Crisis Shelter (abused/domestic violence)
(361) 573-4357

Perpetual Help Home (homeless women only)
(361) 575-5335

Gateway Project (through MCFS for chronically homeless men)
120 S Main, Suite 310
Victoria, TX 77901
(361) 575-7842
midcoastfamily.org

La Dominion Apts.
Referral only—3 homeless units
3605 E. Forrest, Victoria
(361) 572-4566

Fox Run Apts.
2008 Sam Houston
Victoria, TX
Based on income – 1-3 bedrooms available. Deposit depends on income. Apply on
Tuesdays 9:30am-11:00am & 1:00 pm-3:00pm to get on wait list (current wait 6 mo-1
yr). Must have some income
(361) 578-2954

Fenner Square Apts.
555 S. Burke
Goliad, TX 77963
(361) 645-3393
32-unit complex for families below the 60% area median income

Leatherwood Terrace Apts.
105 Ellen May Rd.
Yoakum, TX 77995
(361) 293-5122
40-unit complex for very low to moderate income families and individuals
Refugio Elderly Housing
602 W. Commons Road
Refugio, TX 78377
(361) 526-4014
36-unit apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

211 Texas *(Rent payment assistance)*
Can call 2-1-1 for additional resources in your area or go to:
www.211texas.org

**UTILITIES**

Community Action
Also assists with Water/Sewage Utility bills for Victoria County residents (max assistance $100)
1007 Halsey, Victoria
572-0478

Lite-Up Texas
Provides qualified low-income individuals reduce the monthly cost of electric service.
1 (866) 454-8387

The Texas Department of Housing and Community Affairs (TDHCA)
Provides relief to those low income elderly and/or disabled households providing financial assistance, paying up to four of the highest bills during the year.
1 (877) 399-8939

Weatherization Assistance Program
Provides for energy related improvements to residences of low income Texans and educates consumers about energy conservation.
1 (888) 606-8889

Our Lady of Lourdes Catholic Church
361-575-3813

Our Lady of Sorrows Catholic Church
361-575-2293

Our Lady of Victory – St. Vincent ePaul
361-575-4741

St. Mary’s Catholic Church
361-573-4328

211 Texas
Can also call 2-1-1 for additional resources in your area or go to:
www.211texas.org
CLOTHING ASSISTANCE

Calhoun County Community Ministries
361-552-1722

Cuero Area Ministerial Alliance
361-275-5022

Goliad County Outreach
361-645-2850

Goodwill Industries of South Texas
361-575-6242

Helping Hands of Jackson County
361-782-7543

Lavaca Assistance Ministry Body, Inc.
361-798-9111

Mid-Coast Family Services
361-575-7842

TRANSPORTATION

Medicaid Van
For transportation to medical treatment
Must call 48 hours in advance
Have your Medicaid number available when you call
1-877-633-8747

Texas Medicaid
800-252-8263

Victoria Transit
361-578-8775

Senior Citizens
Mon – Fri from 8:00 am – 3:00 pm
Must call 24 hours in advance to schedule
361-576-2189

211 Texas
Can call 2-1-1 for additional resources in your area or go to:
www.211texas.org

Most local Senior Citizens Centers also provide transportation to local seniors
SOCIAL SECURITY ASSISTANCE

Citizenshelpline.com
Can call for free consultation and possible assistance in applying for SSI benefits.
1-800-260-2032

GED/ESL

English as a Second Language & GED classes
Adult Education
Victoria College
2200 E Red River
Victoria, TX 77901
(361) 573-7323

Employment Assistance

Texas Workforce Solutions-Golden Crescent
120 S Main, Suite 110 1st and 2nd Floors
Victoria, TX 77901
(361) 578-0341
Job Seekers can register for work on the internet Work in Texas Program
One on one service for employment search
Training programs available
Computer training available
Project Rio—Job assistance for individuals on probation or parole

DARS Department of Assistive and Rehabilitative Services-Division for Rehabilitation
4102 N Navarro-Suite D-2
Victoria, TX 77901
(361) 580-5700
Fax: (361) 570-5720
Vocational Rehabilitative Services for persons with disabilities—Assistance with training, skill development, and seeking employment
Sleep Disorder Clinics

Premier Sleep Disorders Center
3 Locations:

111 North Park Victoria, TX 77901
124 E Walters St. Shiner, TX 77984
1811-A Broadway Rockport, TX 78382

(361) 572-9654
Fax: (361) 485-2233

If you have or suspect you have a sleeping disorder that’s keeping you from living your life to the fullest.

Accepts almost all insurance, Medicaid, Medicare, Private Pay

Burks Family Practice, Sleep Disorders, Wellness, & Weight Management
2806 North Navarro Ste. C
Victoria, TX 77901
(361) 572-0054

Ages 2 to elderly

Most privates insurances accepted along with Medicaid/Medicare
Walk-In Clinics

Twin Fountains
Dr. John McNeil and Desi Young, ENP-C
361-578-5730
3002 Sam Houston Drive
Victoria, TX 77904
www.twinfountainsclinics.com
Open 7 days a week; Weekdays 7 am to 7 pm & Weekends 9 am to 5 pm
Approx $80 per visit. Does NOT accept Medicaid. Will refill most prescriptions but may not write new prescription for some psychiatric medications

Twin Fountains Urgent Care Center
108 Twin Fountains Dr, Victoria, TX 77904
(361) 578-3363
www.twinfountainsclinics.com
Open 7 days a week 7 am - 11 pm

Victoria Community Health Center
(Inside Pattie Dodson Building)
2805 Navarro, Suite 320
Victoria, TX 77901
361-574-1740
Open Mon 8 – 5; Tue 8 – 8; Wed – Fri 8 - 5
Behavioral Health Consultant- Cabrera; Dr. Long – Medical
Nurse Practitioners also available (Medical & OBGYN)
Dental assistance is available through the Health Department
Each Individual is screened for program assistance. Examples of fees consist of $25, $35, $50, etc. Dr. Cabrera can write and/or refill most psychiatric medications, but may defer on anti-psychotic meds.
Please call to make an appointment. Does not take walk-ins

The Corner Clinic
John Sheffel RN, FNP
361-576-4100
2806 N Navarro, St B (corner of Navarro and Airline)
Victoria, TX 77901
www.thecornerclinic.net
Open Mon – Fri 8:00 am – 6:00 pm; approx $85 per visit – accepts Medicaid (office will file, no cost out of pocket for Medicaid), Medicare, most private insurance also  **currently does NOT accept Driscoll or Amerigroup Medicaid**

Texas Health Center
Dr. Starkey, Dr. Klein, Dr. Bouthillette, Kristin Wilke, PA-C
361-576-0330
4804 N. Navarro St. (next to Texas Roadhouse restaurant)
Victoria, TX
Open Mon 7:30 am – 6 pm and Tue-Fri 7:30 am – 5:00 pm
Does not accept assigned Medicare, however will file with Medicare. Patients
with Medicare must pay upfront.