

Adult Mental Health Services



Program Overview:

Adult Targeted Case Management/Psychiatric Rehabilitation services are provided to aid customers in identifying their goals for an improved quality of life. Services are tailored to meet individual needs while assisting the customer in developing skills and locating resources to increase their ability to be successful in their chosen environment.

Services Include:

- Skills Training – Case Managers work with customers to educate about symptoms related to their mental health diagnosis, medications, and coping skills with the goal of improved functioning.
- Psychosocial Rehab/Psychiatric Rehabilitation Services - promotes recovery, community integration and increased satisfaction by developing skills for success in their living, working, learning, and social environments.
- Supportive Housing – Assists customers in choosing, obtaining, and maintaining regular housing.
- Supported Employment – assisting customers in finding and keeping gainful employment
- Medication Management – Includes psychiatrist and nursing services.
- Medication Training & Support - Services by a Registered Nurse (RN) that focuses on the use and management of prescribed psychotropic medications.

Program Goals:

- Help customers reduce and stabilize persistent symptoms associated with their mental health.
- Assist the customer in developing social and community supports.
- Improve overall functioning quality of life.

Eligible Candidates:

Services are available to those 18 years of age and older.

Customers must live within Gulf Bend's seven county service area (Refugio, Lavaca, Dewitt, Goliad, Jackson, Calhoun, and Victoria).

**Individuals will not be denied access to services based on current address or ability to pay.*

Customers must be determined to have severe or persistent mental illness such as schizophrenia, bipolar disorder, or major depressive disorder.

Please see the Screening & Intake sheet for required documentation to determine eligibility.

Gulf Bend Center
Adult Mental Health Services
6502 Nursery Drive, Ste. 100
Victoria, Texas 77904
361.575.0611

Crisis Hotline 877.723.3422

WWW.GULFBEND.ORG



Gulf Bend Center's vision is to be recognized
as the best resource of quality services
in our community.