

## ABOUT GULF BEND CENTER

Gulf Bend Center is a regional provider of integrated behavioral health and intellectual & developmental disability services for Calhoun, DeWitt, Goliad, Jackson, Refugio, Lavaca and Victoria Counties. Our experienced staff provides a wide array of treatment and support services in a professional and compassionate way. We not only support patients, but we also support families and friends, giving them the tools they need to provide the proper level of care for their loved ones.

## OUR MISSION

To improve the quality of life in our community for individuals and their families by providing excellent and trusted care for wellness

## OUR CULTURE

A welcoming environment of positive attitudes driven by honesty, integrity and ethics

## OUR VISION

To be recognized as the best resource of quality services in our community

## CORE VALUES

Team Work, Caring, Compassion & Quality  
(3Q's – Quality STAFF/SERVICES/OUTCOMES)

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*"To accommodate persons with disabilities, this document  
is available in alternate formats upon request."*



# Community First Choice

Helping all people  
lead a fulfilled life  
in our community.



## What is Community First Choice?

Senate Bill 7 from the 2013 Texas Legislature requires the Health and Human Services Commission (HHSC) to put in place a cost-effective option for attendant and habilitation services for people with disabilities who have STAR+PLUS Medicaid coverage. A federal option, called Community First Choice, allows states to provide home and community-based attendant services and supports to Medicaid recipients with disabilities.

## Who can get the services?

To be eligible for Community First Choice services an individual must:

- Be eligible for Medicaid. Services are provided through STAR+PLUS and STAR Health Medicaid managed care organizations (MCOs) providers.
- Need help with activities of daily living, such as dressing, bathing and eating.
- Need an institutional level of care.

## What Services are Available?

- Help with activities of daily living and health-related tasks through hands-on assistance, supervision or cueing.
- Services to help the individual learn how to care for themselves.
- Backup systems or ways to ensure continuity of services and supports.
- Training on how to select, manage and dismiss attendants.

## CFC PERSONAL ASSISTANCE SERVICES:

- Non-skilled assistance with activities of daily living
- Household chores necessary to maintain the home in a clean, sanitary, and safe environment
- Accompanying and assisting an individual to access personal assistance services or activities in the community
- Assistance with health-related tasks, which can be delegated or assigned by licensed health-care professionals under State law to be performed by an attendant

## CFC HABILITATION SERVICES (HAB)

Habilitation training, which is interacting face-to-face with an individual, to train the individual in activities such as:

- Self-care
- Personal hygiene
- Household tasks
- Mobility
- Money management
- Community integration, including how to get around in the community



## CFC EMERGENCY RESPONSE SERVICES

Electronic devices to ensure continuity of services and supports. These services are available for individuals who live alone, who are alone for significant parts of the day, or have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision.

## CFS SUPPORT MANAGEMENT SERVICES

Voluntary training on how to select, manage, and dismiss attendants.