

# Outpatient Mental Health Clinic



## Program Overview:

The outpatient mental health clinic offers psychiatric and nursing services to customers in need. Our clinical team works together to provide the best patient outcomes possible.

The team is experienced, respectful and provides individualized outpatient treatment to promote mental health and wellness across the lifespan.

## Services Include:

- Psychiatric evaluations and follow up appointments
- Appointments are available face-to-face or via Tele-Video
- Tele-video appointments are available with psychiatrists, nurse practitioners, and nurses
- Nurses take vitals to include blood pressure, weight, and symptom severity forms.
- Medication Monitoring
- Injections and pill packs
- Screening and monitoring of key health indicators and health risks

## Program Goals:

- Assist people with mental illness in leading more productive and autonomous lifestyles
- To promote mental health through service, advocacy, and education.

## Eligible Candidates:

Services are provided to residents without regard to race, color, age, national origin, sex, disability or financial status.

Services are provided to individuals within Gulf Bend's seven county catchment area (Refugio, Lavaca, Dewitt, Goliad, Victoria, Jackson, and Calhoun). *\*Individuals will not be denied access to services based on current address or ability to pay.*

Gulf Bend Center  
**Mental Health Clinic**  
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**Crisis Hotline 877.723.3422**

[WWW.GULFBEND.ORG](http://WWW.GULFBEND.ORG)



Gulf Bend Center's vision is to be recognized  
as the best resource of quality services  
in our community.