

MENTAL HEALTH SERVICES LIST (updated January 2014)

Provided by: Gulf Bend Center MHMR
6502 Nursery Dr, Suite 100
Victoria, TX 77904
(361) 575-0611

NOTE: This is by no means a comprehensive list of resources in our community. For more, please look at the following website: <http://www.gcrpc.org/Aging%20211-%202005.pdf>.

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PSYCHIATRISTS

South Texas Psychiatric Associates (STPA)---Ages 3 and up

Dr. M. Mangipudi

Dr. U. Maruvada

Dr. K. Rayasam

Main Office: 4234 Weber Road, Corpus Christi, TX 78411

Victoria Office: 4408 Lilac Ln. Ste. C Victoria, TX 77904

1-800-411-8536

(361) 857-2090

Serving Ganado, Goliad, Cuero, Palacios, Port Lavaca, Gonzales, Shiner, Hallettsville, Bloomington, Yoakum, Edna, etc. in Victoria Office on a full-time basis.

Accepts private pay, private insurance, *Medicaid*, and Medicare

Victoria Psychiatric Associates

Dr. R. Lyman (Ages 17 and up)

2710 Hospital Drive, Suite 202

Victoria, TX 77901

(361) 579-1388

Accepts private pay, private insurance, *No longer accepts Medicaid/Medicare*

Dr. R. Capitaine (Ages 4 and up)

Corpus Christi, TX

1-361-993-4835

*Victoria Counseling & Assessment office

2002 Commerce, Suite C

Victoria, TX 77901

In Victoria every other Friday ONLY

(361) 570-1444—for directions

1-361-993-4835—for scheduling and main # for patients

Accepts Medicaid, Medicare, and private insurance

Veteran's Clinic (Victoria VA Outpatient Clinic for VETERANS ONLY)

Dr. Elizabeth John, Psychiatric Services

1502 East Airline, Suite 40

Victoria, TX 77901

(361) 582-7700

****Veteran's Crisis Hotline – 800-273-8255****

Outpatient Medical Services also provided (some spouses of veterans eligible NO CHILDREN)

Dr. Fisher (Disability and Social Security Evaluations ONLY)

2705 Hospital Dr # 300

Victoria, TX 77901

(361) 578-8633

One-time visits ONLY

Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)

101 W Goodwin Ave

Victoria, TX 77901

(361) 576-0694

\$150 initial visit fee, \$75 follow-up fee. Currently does not take insurance, but will provide forms for insurance reimbursement.

Psychiatrists Outside of Victoria

Dr. J. Biggs

161 Lay Street
Hallettsville, TX 77964
(361) 798-5168

Dr. John Hopper (sees both children and adults 3 and up)

101 N Magnolia St.
Rockport, TX 78382
(361) 729-5357 Fax: (361) 727-2036
Sees both medical and psychiatric patients
Accepts most private insurance and private pay, Medicare, Medicaid, no sliding scale

Psychiatric Consulting Services

Dr. N. Praderio (Geriatric Psychiatry Specialty but sees ages 20 and up)

817 Ayers
Corpus Christi, TX 78404
(361) 887-9600
Serving Beeville, Corpus Christi, Kingsville and Victoria
Accepts private insurance, *Medicaid*, Medicare, and some private pay

Dr. J. Eades-Serves Galveston County (Ages 18 and up)

Dr. G. Schlagenhauf-Serves Brazoria County (Ages 18 and up)

Gulf Coast Center MHMR (Children's Services Department also available)

MH Adult / MR Services

1-800-643-0967

MH Child

1-877-226-8780

Accepts private pay, private insurance, *Medicaid*, and Medicare

Dr. Bouras (Ages 18 and older)

10405 Katy Fwy, Suite 140
Houston, TX 77024
(713) 973-7246

Wharton Psychiatric Associates (sees ages 2 and up, Geriatric Psych available)

Dr. Patel

246 West Milam St
Wharton, TX 77488
(979) 532-8484

Accepts private pay, most private insurance, Medicaid, and Medicare – services somewhat limited Dr. Brams also has an office in Lake Jackson – call here to be referred

COUNSELORS & PSYCHOTHERAPISTS

Donald Blavier, Ph.D, LPC, LMFT

1004 Guadalupe
Victoria, TX 77901
(361) 574-9892
Individual and Family Counseling, Ages 9 & above
Accepts *Medicaid*, *CHIP*, private insurance, or private pay

Billy T. Cattan Recovery Outreach (substance abuse)

Stephen Lovitt, LPC

4011 Halsey
Victoria, TX 77901
(361) 576-4673
Non-profit; Need to go to Mid-Coast Family Services for screening/assessment first,
then, if qualified, can go here for outpatient treatment only-NO INPATIENT SERVICES

The Counseling Center

Laurel Graham, LPC (ages 10+)

Lexey Fender, LPC (ages 4+)

1501 E. Mockingbird
Victoria, TX 77904
(361) 575-4351

Linda Ward, LPC (ages 10+ in Pt Lavaca office only)

177 High Bluff Rd
Port Lavaca, TX 77979
(361) 550-7001
Accepts *Medicaid* and private insurance

Gonik & Associates, Clinical Psychology and Behavioral Services

Uri Gonik, Ph.D. (ages 18+)

Sandra Breech Med, LPC, RPT (ages 2+ specialty in Play Therapy)

Patricia Smart, Psy.D (ages 18+)

Kelly Paulk MA, LPC

Cleva Schoener, LPC

Elizabeth Jaeckle, LPC

Gloria “Annie” Coffey Med, LPC (specialty in Family/Marriage Therapy)

Sharon Whitley, LCSW

2003 Patterson
Victoria, TX 77901
(361) 575-5021
Ages 16 & above only/Accepts *Medicaid*, Medicare & Private Insurance (will see some
younger patients on a case by case basis)

**Heritage Program (Depression, Anxiety, Aging, and Loss of Independence)
Refugio Memorial Hospital**

Barbara Nurre

Mark Fitzsimmons, LPMSW

(361) 526-2321, Ext 203

107 Swift

Refugio TX 78337 (For Seniors, Age 65 and above-will also see younger patients)

Accepts Medicare and Private Insurance

New Beginnings Counseling Center

Rick Torres, LPC

Gail Spurgeon, LPC

Cheryl Green, LMSW-ACP

Ginger Corn, LPC, Med

Danna Harrison, LPC

1501 E Mockingbird Ln Suite 262

Victoria, Texas 77901

(361)570-8900

Fax (361)570-8903

Chemical Dependency, Eating Disorders, Family, Individual & Marriage Counseling,
Ages 3+ (Call office for insurance and general information)

Reclamation Counseling Center

Lucy Holder, LPC, LMSW

Joann Schrimsher, LPC, RPT

Robert Gonzales, LPC

Shannon Holder, LPC

Virginia Frnka, LPC

Mary Hoekstra, LPC

506 Glasgow

Victoria, TX 77904

(361) 576-3385

Individual, Family, Marital, Group, Play Therapy, Consultations

Anger Management, every six weeks on a Friday & Saturday for \$120

Ages 2 and above

Medicaid, Medicare, CHIP, most insurances, private pay (\$65)

Crossroads Counseling

Karen Redus, Ph.D. (ages 2+)

104 Kelley Dr. Ste D

Victoria, TX 77904

(361) 574-9911

Fax: (361) 574-9985

Medicare, *Medicaid*, private pay and most insurance; Offers ADHD testing, IQ/Adaptive testing

Susan Satava, LPC-S, RPT (specializes in trauma, loss and play therapy)

Heritage Mark Building

5606 N. Navarro

Victoria, TX 77904

(361) 579-8184

Accepts *Medicaid*, private pay, some insurances, ages 2+

Sharon Stubblefield, Ph.D., LPC

401 W Brazos

(361) 575-1049

Individual, Marriage, Family & Couples Counseling; grief & bereavement

Ages 6 and above

Accepts private insurance only, NO Medicaid/Medicare; client pays up front, then is reimbursed by insurance

Stable Life Counseling Center, LLC (child, adolescent, adult, family, play therapy,

Christian Counseling, Horse Assisted Counseling)

Shirley Johnson, LBSW, LPC (Equine Therapy)

Eva Aleman, LPC (play therapy), Spanish speaking

Mary Mayorga, Ph.D., LPC (substance abuse specialist)

Karan Redus, Ph.D.

3806 N. Main

Victoria, TX 77901

(361) 485-0899

Blue Cross/Blue Shield,, Signa, *Medicaid*, private pay

Texas Play Therapy

Trish Suarez, R.N., M.A., LPC

1101 Salem Dr., Suite A

Victoria, TX 77904

(361) 648-9704

Medicaid, most insurances, private pay

Veteran's Clinic

Tony DeBona, LMSW

4206 E. Retama

Victoria TX 77901

(361) 582-7708

Veterans only

Victoria Counseling Services (ages 3 +)

David Hensley, Ph.D.

Vidal Guevara, LPC-S, LPA, LSSP

Kim Wilgus, LPC

Justin Alexander, LPC (ages 4+)

2002 Commerce, Suite C

Victoria, TX 77901

(361) 570-1444

Medicaid, most private insurance, private pay

Place4 Counseling Center

Barbara H Bohman, MA, LPC

Sara Serrano, MA, LPC

6502 Nursery Dr, Ste 104

Victoria, TX 77901

(361) 582-5364

\$100 per hour; Individual, couples, and family psychotherapy services for adults, children and adolescents; group sessions and psycho-educational services

Medicaid, most private insurance, private pay

Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria county residents only

Psychological Wellness Center (ages 5+)

Burton A Kittay, Ph.D

5350 S Staples #200

Corpus Christi, TX 78411

(361) 992-2244

Office in Corpus Christi ONLY; Accepts private pay, most private insurance, Medicare,

Medicaid

New Directions (ages 5+)

Jill O'Neill, LPC (other counselors available as well)

Heritage Mark Building

5606 Navarro, Ste 202

Victoria, TX 77904

(361) 485-0755

fax – (361) 894-7450

Accepts Medicaid, BCBS, and other private insurance plans

Next Step Counseling and Education Center

Delores White, MA, LPC

Paul Hamilton, Ph.D.

4702 N Laurent

Victoria, TX 77904

(361) 572-0202

Serves individuals and couples, focus on grief, depression, separation/divorce, women's issues, parenting, aging, anger management, trauma; Care provided on a sliding scale; No insurance accepted; LPCI's and practicum students may also be available for counseling

No Charge Counseling Services
(Reserved for those without benefits)

The South Texas Children's Home-Family Ministry

Lorraine Turner, MA-LPC

Catherine Russell

303 E. Airline, Suite 3

Victoria, TX 77901

(361) 575-5151---Victoria

(361) 991-8680---Corpus Christi

Christian Counseling Services

Provides short-term only Individual, Marriage, & Family Therapy—Play therapy available for children

Primary focus on stress, anxiety, depression ---- MUST call first to determine eligibility

www.stch.org

Paul Primm, LMFT

private pay only – works on sliding scale

5606 N Navarro, Ste 3M

Victoria, TX 77904

(361) 935-1938

Ages 12 +

Crossroads Youth & Family Services

Short-term counseling for youth under 18 & their families

Free of charge

6502 Nursery Dr

Victoria, TX 77904

361-578-3686

Intensive Outpatient Programs

Detar North IOP

101 Medical Drive

Victoria, TX 77904

Accepts BOTH insured and uninsured patients – 4 week outpatient program (9 hours of treatment per week); Tougher cases referred here - focus on depression, anxiety, bipolar, relationship problems, etc. Patients with baseline hallucinations are NOT automatically ruled out. Can be in IOP program and an active GBC client

Main contact – Cindy 361-788-2587

SUBSTANCE ABUSE TREATMENT

Treatment Associates – *Can call directly*

Substance abuse treatment, half-way house
Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient
107 Cozzi Circle
Victoria, TX 77901
(361) 572-3006
(361) 572-3007
Private pay, insurance, Military insurance (e.g., VA, TRICARE)
Spanish speaking available

Billy T. Cattan Recovery Outreach, Inc. – *seen by appointment ONLY*

Outpatient, non-profit
Mon. – Thurs. 8:00 – 12:00 noon & 2:00 – 8:00
Friday 9:00 – 12:00 noon
By cell phone 24/7
4011 Halsey
Victoria, TX 77901
Office: (361) 576-HOPE (4673)
Cell: (361) 648-HOPE (4673)

La Hacienda Treatment Center (Hill Country Area)

Inpatient
FM 1340, P.O. Box 1
Hunt, TX 78024
830-238-4222
800-749-6160
www.lahacienda.com

Basin Detox Systems, Inc. (West Texas) – *Detox only, no referral required*

Inpatient
1-800-317-7818
www.basindetox.com
Medicare/Medicaid (traditional Medicaid only) accepted, private insurance, private pay
Spanish speaking

Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – *Detox and Rehab Service, No referral required, Adolescents (Boys only) & Adult (Male & Female)*

P. O. Box 317
230 Mesa Verde Dr. E
Center Point, TX 78010
Located approximately 50 miles northwest of San Antonio
1-800-797-6237 (call for a free consultation)
info@starliterecovery.com
Accepts most major insurance, private pay, NO Medicaid/Medicare

Mid-Coast Family Services

For adults AND minors

120 S Main, Suite 310

Victoria, TX 77901

(361) 575-7842

(361) 573-4357 (573-HOPE) - Hotline

midcoastfamily.org

Screenings done on a walk-in basis Mon-Thur at 8 am, 10 am, & 1 pm; 3pm is saved for appointments for out-of-town clients. Client MUST be voluntary and wanting help.

After screening, MCFS staff will determine if in-patient or out-patient services are necessary and assist in finding a rehab facility. *2 forms of ID required (i.e., State ID/ Driver License, SS Card, etc)*

Alcohol Chemical Treatment

Outpatient Classes (Does meet requirements for Probation)

Every Monday at 7:30pm

3402 N Main St

Victoria, TX 77901

(361) 573-4726

Free of charge despite a one time fee of \$20 for processing of paperwork

Best Recovery Health Care, Inc.

Methadone Clinic (Lortab, Heroine, etc) – Private pay only

1708 N Laurent

Victoria, TX 77901

(361) 572-9122

SUPPORT GROUPS (Alcohol)

Alcoholics Anonymous

(361) 788-4534 call for meeting info

Victoria TX 77904

Other area counties available

www.aa.org

ACTS program (Alcohol Chemical Treatment Series)

Meets 7:30-8:30pm Mondays

3402 N. Main

(361) 575-4905; 573-4726

Offers educational classes on drug and alcohol abuse; \$20 initial fee (which can be broken up over time)

North Loop Group Alcoholics Anonymous

7pm Tuesday

Holy Family Catholic Church Education Bldg.

704 Mallete Dr. room 201

Victoria Women's Meeting of Alcoholics Anonymous

Meets 5:30pm Tuesday

The Arc Building 2408 N. Navarro

Non-smoking Alcoholics Anonymous

8pm Monday-Saturday

1408 E. Santa Rosa (next to the American Legion Hall)

Main Stream Group of Alcoholics Anonymous

Noon on Monday-Saturday

The Serenity Building (at the intersection of N. Main and Conti Lane)

6007 B North Main

El Neuvo Dia Alcoholics Anonymous

Tuesday 6pm (Bilingual)

Thursday 5:30pm (bilingual)

Saturday noon (English)

Sunday 2pm (Spanish)

1010 E. Juan Linn

Solution Group of Alcoholics Anonymous

8:30am Sundays

1908 N. Laurent Suite 100

Christians Against Substance Abuse (CASA) – No Charge

Meets Thurs & Sat @ 7 pm

Central Church of Christ

801 E. Airline, Annex Bldg., Victoria

Church- 361-573-9133

Matt Wooton – 361-655-8282

SUPPORT GROUPS (Al-anon)

www.texas-al-anon.org

Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

The Keep Coming Back Al-Anon Group

Call for meeting times

Education Building of Holy Family Catholic Church

704 Mallette Drive

Victoria TX 77904

361-573-5304

Al-Anon Adult Children of Alcoholics

Call for meeting times

Library of Christ the Victor Lutheran Church

202 Stanley

Victoria TX

(361) 575-4363

SUPPORT GROUPS (drug addiction)

Narcotics Anonymous

Monday, Wednesday, & Friday at 7:00 PM

3310 N. Ben Jordan

Victoria TX

(361) 572-5500—can call here to get list of all meeting, as they sometimes change

Victoria Narcotics Anonymous

7-8pm Monday, Wednesday and Friday

St. Mark's United Methodist Church

3310 N. Ben Jordan

Victoria, TX 77901

Spoken Hearts Narcotics Anonymous

10:30pm-midnight Saturdays

4011 Halsey

Victoria, TX 77901

SUPPORT GROUPS (other addictions)

Overeaters Anonymous

Call for appointment times

2010 N Navarro, Ste B

Victoria TX

(361) 503-2828

Sex Addicts Anonymous

www.sexaa.org

Emotions Anonymous

6:30 p.m. Tuesdays

Victoria Regional Professional Building

(361) 572-3551

SUPPORT GROUPS (physical conditions)

Bosom Buddies Breast Cancer Support Group/Brown Bag Bunch

4th Thursday at 11:30 am

Incredible Pizza on Navarro

Victoria, TX

Members who wish to eat, lunch is approx \$5

Contact Kathy Davidson at 361-580-1648

Detar Healthcare System's Lunch Bunch Diabetes Support Group

2nd Tuesday at noon

DeTar Hospital Navarro in the MEDI Center education classroom

Lunch is \$5

Contact Dottie Bitterly, R.N., CDE at 361-788-6142

Victoria Parents Diabetes Support Group

Meets monthly for support activities with their children

Contact Dottie Bitterly at 361-788-6142 or Pamela Younts at 361-573-7374

Memorial Medical Center's Diabetes Support Group (Port Lavaca)

3rd Monday

Third floor classroom

Contact Amy Day at 361-552-0261

Lupus Support Group

800-809-3953

Victoria Association for Citizens with Disabilities

3rd Tuesday at 7 p.m.

Jaycee Hall: Contact Barbara Brooks at 361-7882 or Gary Moses at 361-573-2853

The Gabriel Project

For pregnant women to receive assistance for basic needs, support, and counseling

877-932-2732

SUPPORT GROUPS (Alzheimers)

Alzheimers Support Group (Cuero)

Every 4th Thursday
2:00 pm – 3:30 pm
First United Methodist Church
Cuero, TX
Contact Bea Smith at 361-275-4828 or 361-275-5242

Alzheimers Support Group (Victoria)

3rd Tuesday; 9 or 9:30 am – 10 or 10:30 am
Homewood Residence at Victoria
9606 NE Zac Lentz Parkway
582-2100

SUPPORT GROUPS (grief)

Victoria Compassionate Friends (support to families who have experienced the death of a child of any age by any cause)

2nd Tuesday from 7:00 – 8:30 pm
First United Methodist Church
407 N. Bridge
Contact Doris at 361-573-9886 or Linda at 361-570-8404

Widows, Widowers, and Bereavement Support Group (also see divorcees)

One Tuesday a month (call to exact date) from 7 – 9 p.m.
Trinity Hall
208 W River St
Victoria, TX
Contact Naomi at 361-578-4175; 361-648-3318

Hospice of South Texas Grief Support Group (for anyone who has suffered a loss)

Runs in 5 weeks sessions, usually meeting at night. There are occasional day sessions.
Different Locations – not just Victoria
605 E Locust
Contact Hospice at 361-572-4300 or 1-800-874-6908

Accolade Hospice

Group and One on One counseling regarding grief
Call for an appointment
222 W Grand Ave Yoakum, TX 77995-2614 – (361) 293-9099

CELEBRATE RECOVERY

Faith Family Church

2002 East Mockingbird

Victoria, TX 77901

361-573-2484

FREE Faith-based support groups, training sessions, and Saddleback Church program to address multiple issues: *chemical dependency, victims of abuse (physical, emotional, sexual), depression, loss of loved ones (removals from home, break-ups, divorce, death).*

Meets guidelines for CPS, parole, and probation

Meetings are usually on Thursday nights at 7 pm – 8 pm with a complimentary meal provided at 6 pm

Contact church for more info, or go to www.saddleback.com. Can also search online for Celebrate Recovery (select options affiliated with Saddleback Church)

Parkway Baptist Church

4802 N. John Stockbauer Dr.

Victoria, TX 77904

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Monday nights 6:30 pm – 8:30 pm, Snacks provided

Contact Becky at 361-572-8340

Trinity Church (Fellowship Hall)

2009 N Clinton St

Cuero, TX 77954

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Tuesday nights 7:00 pm – 9:00 pm, Complimentary meal provided 6 pm – 7pm

Contact Rev. Rick Bagwell 361-649-8655 or 361-275-6917

www.tcicuero.com

VICTIMS OF ASSAULT

The Harbor (Port Lavaca) – Domestic Violence, Sexual Assault, Abuse, etc.

Counseling Services offered as well

Also conducts forensic interviews for children that FIRST report abuse

361-552-5683

215 W Railroad

Port Lavaca, TX 77979

MidCoast Family Services

Domestic Violence; Sexual Assault; Emotional/Verbal Abuse

361-575-7842

120 S. Main, Ste 310

Victoria, TX 77901

SALSA – Sexual Assault Services & Assistance

Free legal assistance for sexual assault victims

888-343-4414 (English/Spanish available)

M-F 8:00 am – 5:00 pm

www.hopelaws.org

Battering Intervention & Prevention Program (BIPP)

“Relationships of Promise” – counseling for perpetrators of family violence

24 week class that teaches accountability and appropriate interaction with family

Classes also available for women and Spanish speakers

361-575-7842

120 S. Main, Ste 310

Victoria, TX 77901

Military Supports

Disabled American Veterans Service Office

Texas Workforce Commission Bldg

120 S Main St.

Victoria, TX

361-578-0341 x 247

Open Tuesday – Thursday, 9:00 am – 3:00 pm

Contact – Frank Torres

PARENTING

Faith Family Church

2002 E. Mockingbird

Call 361-573-2484, ext. 29 (Pastor Eli) for information and various classes available

Crossroads Youth & Family Services/STAR

Family counseling (home & school based; crisis intervention; case management; skills training)

292 Foster Field Dr.

P.O. Box 436

Victoria, TX 77902

(361) 578-3686 (Mon. – Fri. 8:00 a.m. – 5:00 p.m.)

(877) 876-7827 (evenings, weekends & holidays)

1-800-369-7512

Calhoun County (361) 649-9492 or 800-369-7512, ext. 81

Dewitt County (361) 649-9511 or 800-369-7512, ext. 82

Lavaca County 800-369-7512, ext. 80

Jackson County (361) 649-9513 or 800-369-7512, ext. 83

Reality Check

Victoria County Jail

101 North Glass St

Victoria, TX 77901

Allows adolescents who are participating in risky behavior to speak with inmates, tour the jail, and spend actual time in jail as a “reality check.”

Contact Sgt. Castillo (361) 574-8044 or Thurman Marshall (361) 575-0651

Grandparents Raising Grandchildren (GRG)

Trinity Episcopal Church

1501 N. Glass

Victoria, TX 77901

(361) 573-3228

GRG support group meets 2nd Sunday every month. Childcare provided with phone call reservation. Safe & supportive environment in which to discuss experiences; educates and informs; provides temporary relief from the cares & worries of day to day problems; develops methods and skills for solving problems; encourages personal growth and development

RELATIONSHIPS

Support Group on Relationships

Wednesdays at noon

Gulf Bend Center

6502 Nursery Dr.

Victoria, TX 77904

Usually in Room 102 with Lane or Charlotte (\$5 a session)

GAY, LESBIAN, BISEXUAL & TRANSGENDER

Montrose Counseling Center Hotline

Houston, TX

713-529-0037

www.montrosecounselingcenter.org

Outreach Information Websites

Email address: GLBT@saa-recovery.org

www.gayswitchboardhouston.org

713-529-3211

AUTISM

Website with helpful information on local resources:

www.aspectrumofhope.org

MENTAL HEALTH—GENERAL INTEREST

NAMI

3rd Monday from 6:00 – 7:30

St. Francis Episcopal

3002 Miori Ln

Contact Patsy Wepler at 361-578-3935 or Lisa Stryk 361-935-0080 (leave a message)

CRISIS HOTLINES

Mid Coast Family Services

(361) 575-7842 or (for Domestic Violence) 1-800-870-0368

120 S Main, Suite 310

Victoria TX 77901

Domestic Violence Issues, Homelessness Assistance, and Substance Abuse Issues

Gulf Bend Center MHMR

(361) 575-0611 or 1-877-SAFE-GBC (1-877-723-3422)

The Harbor

215 W Railroad

Port Lavaca, TX 77979

(361) 552-5683

Domestic violence, Sexual assault, Abuse, etc

Department of Protective and Regulatory Services

Child Protective Services (CPS) Adult Protective Services (APS)

1-800-252-5400

Crossroads Youth & Family Services & STAR

(361) 578-3686 or 800-369-7512

VA (Veteran's) Crisis & Suicide Hotline

800-273-8255

HEALTH DEPARTMENTS

Calhoun County (361) 552-9721
Dewitt County (361) 275-0920
Goliad County (361) 645-2595
Jackson County (361) 782-5221
Victoria County (361) 578-6281

TEXAS HIV/STD Clinic

VICTORIA CITY/COUNTY HEALTH DEPARTMENT – Special Services

Primary Care for HIV patients

Provides testing for HIV, syphilis; housing/utilities assistance; transportation to other clinics/hospitals; immunizations and labwork; has a pantry with food and hygiene items open every Tuesday.

(361)578-6281 ext 3801

PROGRAM FOR STD TREATMENT

Office located in Old Mall at Red River & Laurent

Deborah is a DSHS nurse funded by the state and located in Victoria. She has meds in her office and can treat patients that cannot afford medication

Deborah Mayhew 361-894-1424; Fax 361-574-7396

TEXAS HIV/STD INFOLINE

1-800-CDC-INFO (800-232-4636)

1-800-299-AIDS

1-800-299-2437 (en Espanol)

www.dshs.state.tx.us/hivstd

SMOKING CESSATION

Smoking Cessation Classes

Citizens Medical Center

Call 578-9473 to schedule

free

STARS

South Texas Assessment & Referral Services (STARS), formerly known as Child Study Clinic, has served the Victoria County area since 1964, focusing on Children with special health care needs. The clinic does not treat or see any well babies. STARS provides the following services:

- Neuro-developmental evaluations
- Premie developmental clinics
- Nutritional support
- Coordination of care
- Specialists/therapy referral
- Synagis administration (injection that is a preventative for the RSV infection)
- Genetics clinic

Amy Zeplin – Interim
117 Medical Dr., Ste. 4
Victoria, TX 77904
361-575-0681
Fax: 361-575-0100

childstudyclinic@gmail.com

AREA DOCTORS that accept Medicaid

Dr. Pablo Garza family practice (*No new Adult Medicaid patients, some children and adolescents on a case by case basis*)

2806 N. Navarro St.
Victoria, TX 77901
(361) 576-2108

Dr. Suresh Pathikonda and Dr. Maya Pathikonda (Pediatrics)
newborn, child and adolescent medicine – PARENTS MUST CALL 1st

601 Airline
Victoria, TX 77901
(361) 575-8500

Dr. Gary Cox (Dermatology)

2705 Hospital Dr Ste 100 (across from Citizens Hospital)
Victoria, TX 77901
(361) 579-4700

American Regional Health Center

202 James Coleman Dr, Ste C
Victoria, TX 77901
(361) 576-2222
By appt only Monday-Friday 8am-5pm

Dr. Arun Jain

601 E San Antonio St, Ste 304
Victoria, TX 77901
(361) 575-8585
Accepts Medicaid/Medicare

Community Health Centers of South Central Texas

228 St. George
Gonzales, TX 78629
830-672-6511

Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis) May have sliding scale payments available

Dr. Terry Schneider (Optometry – eye exams, glasses, contacts, only)

6801 N Navarro, Ste B (across from Green Brothers)
Victoria, TX 77901
(361) 433-8579
Sees ages 8+; Hours: MTW 1pm-6pm; Thurs. Noon – 5pm.
Accepts Medicaid/Medicare

AREA DENTIST that accept Medicaid

Dr. Paul Roeh General Dentistry *pronounced "Row"*

*** accepts Medicaid for children ages 5-21 only**

109 Professional Park Dr.

Victoria, TX 77901

(361) 575-1151

Mon – Wed 8:00 am – 12:00 pm; 1:00 pm – 5:00 pm

Thurs. 7:30 am – 2:30 pm

Dr. WH Shuttlesworth

Dr. Liane Shuttlesworth (Pediatric dentistry)

*** accepts Medicaid for those under 5 years old only**

4301 Retama Circle

Victoria

(361) 578-9031

Dr. Gary Fries (Oral Surgery) *pronounced "Freeze"*

***accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

Dr. Thomas B. Carter (Oral Surgery)

*** accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

Patti Dobson Health Center (General Dentistry provided by area dentists)

*** call Lynette to schedule appts. (appt days vary depending on dentist available)**

*** Medicaid accepted for those 4-19 years of age only**

2805 N. Navarro

Victoria

(361) 578-6281

Community Health Centers of South Central Texas

228 St. George

Gonzales, TX 78629

830-672-6511

Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis). May have sliding scale payments available.

UTSA Dental Program

210-567-3217

For emergencies call 3212

GENERAL DENTAL ASSISTANCE

Affordable Dentures

<http://www.affordabledentures.com/office/corpus-christi/>

Richard Day, DMD

361-808-8101

Office located in Corpus Christi; Specialized in dentures (new & repair) and tooth extraction at discounted prices; payment plans/financing available

AREA HOSPITALS/CLINICS

Victoria County

Citizens Medical Center (361) 573-9181

Detar Hospital (361) 575-7441

Navarro Clinic (361) 574-1740

11:00 a.m. – 7:00 p.m.

2805 N. Navarro

Jackson County

Jackson Healthcare Center (361) 782-5241

Jackson County Hospital (361) 782-7800

Dewitt County

Cuero Community Hospital (361) 275-6191

Lavaca County

Yoakum Community Hospital (361) 293-2321

Lavaca Medical Center (361) 798-3671

Calhoun County

Memorial Medical Center (361) 552-6713

Refugio County

Refugio Co. Memorial Hospital (361) 526-2321

PRESCRIPTION ASSISTANCE

Many local hospitals have indigent programs and/or patient assistance programs available through the county

Pharmaceutical companies can also be contacted directly for assistance

211 Texas

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

First United Methodist Church

407 N. Bridge
Victoria, TX 77901
576-5553

Mondays only from 8:00 a.m. – 12:00 noon—at times they may close early if they have 30 or more clients signed up by 10:30. Please come as early as you can. You **MUST** bring the following: current proof of income for each member of the household, such as Social Security statement, a copy of previous years income tax return or SSA 1099, last 3 months pay stubs; Social Security Card & Medicare Card; prescriptions written by your doctor; prescription bottles that are current. There is no assistance for OTC meds. There is no assistance if you receive free prescriptions through Medicaid or GBC. Also cannot help with prescriptions from out of town MD's or the Detar Senior Care Center (they have assistance for their patients).

VCAM

Mon. – Fri. from 9:00 a.m. – 12:00 noon
108 N. Liberty
572-0048

Calhoun County Indigent Program

Memorial Medical Center
815 N. Virginia St.
Port Lavaca, TX 77979
(361) 552-6713

LIMA Program, Yoakum Community Hospital

361-293-5419

Victoria County Indigent Program @ Citizens

361-582-1118

Prescription Assistance Program – Dewitt Co/Cuero

361-275-3103

St Vincent de Paul – Ganado/Jackson Co

361-771-3435

Assistance can be found through most local county hospitals

Partnership for Prescription Assistance

A free service to help those who do not have prescription coverage and cannot afford their medications

Call 1-888-4PPA-NOW (1-888-477-2669)

Or Visit www.pparx.org

Before you call, have all your medicine and/or prescriptions ready

NeedyMeds

www.NeedyMed.org

Has information on medicine and healthcare assistance programs.

We do not run a patient assistance program, and we do not supply medicine or financial assistance.

AmeriPlan Corporation

800-647-8421

Everyone's Rx

361-578-2436

First Baptist Church in Gonzales, TX

830-672-9595

Healthwell Foundation

800-675-8416

The Medicine Program

866-694-3893

Novartis Patient Assistance

800-277-2254

Pfizer Patient Assistance

866-776-3700

RxHope

877-979-4673

Discount Prescriptions

800-291-1206

Families can save between 20% and 40% on their prescription medications. No exam needed. National program. No need to make trips to the pharmacy, medication shipped to the home. Call for free information.

FOOD

DHS (food stamps)

Mon – Fri from 8:00 am – 5:00 pm
1502 E. Airline
Victoria, TX
361-578-3523

WIC

Mon. – Thurs. from 8:00 a.m. – 5:30 a.m.
Friday from 8:00 a.m. – 12:00 noon
2805 N. Navarro
Victoria, TX
361-578-2884

VCAM

Mon. – Fri. from 9:00 a.m. – 12:00 noon
108 N. Liberty
Victoria, TX
361-572-0048

Christ's Kitchen

Mon. – Sat. from 11:00 a.m. – 1:00 p.m.
611 E. Warren
Victoria, TX
361-578-4233

Salvation Army

Thursdays from 10:00 – 12:00
1302 N. Louis
Victoria, TX
361-576-1297

Good News Church

First Wed. of the month from 6:30 p.m. – 7:30 p.m.
4104 Houston Hwy, Victoria
573-4448

St. Mary's

Leave a message at 573-4328

Our Lady of Sorrows

Leave a message at 575-2293

Victory Outreach

3207 E. Oaklawn
Victoria, TX
361-572-9888

First United Methodist Church in Bloomington

220 Indiana
Victoria, TX
361-897-1911
Call or come by

Angel Food Ministries

Offers a monthly menu which includes approx. 16 items that includes but is not limited to: meats, vegetables, canned items, pasta, pancake mixes, rice, beans, eggs, dessert items, etc.

Cost is \$25 cash or money order at all locations, or food stamps (only accepted at Faith Family Church). Must have EXACT change. No checks accepted.

For an additional charge, you can also purchase other specials (e.g. Bacon-wrapped items; chicken combo box; sirloin strip steaks)

Must bring a large box to pick up the food

Place orders along with payment at the following locations:

Faith Family Church (this is also the distribution center)
2002 Mockingbird Lane
Sundays 8:00 a.m. to 12:45 p.m. or Wed. from 6:30 p.m. to 9:30 p.m.

The Bible Bookstore
6703 N. Navarro
Mon. – Sat. from 10:00 a.m. – 7 p.m.

Gone Bananas
Laurent Location
10:30 a.m. – 8:00 p.m.

All items not picked up during the designated time frame is considered a donation

Encounter Community Outreach

Victory Christian Life Center
1604 E Crestwood
361-573-5930

They pass out food on Wed. 9-5pm & serve a hot meal from 5-7pm. They ask the people to pay a little for the meal if they can. I.D. & S.S. # required but do not need to prove income. After individuals are given food the 1st time, “Outreach” will have the person make an appt w/ them to discuss their needs & what assistance they might need.

211 Texas

Can also call 2-1-1 for additional resources in your area or go to:

www.211texas.org

HOUSING/SHELTER

Housing Authority

Mon. – Fri. from 9:00 a.m. – 3:30 p.m.
4001 Halsey, Victoria
(361) 575-3682

Salvation Army

Intake 5:00 p.m. daily
1302 N. Louis, Victoria
(361) 576-1297

Women's Crisis Shelter (abused/domestic violence)

(361) 573-4357

Perpetual Help Home (homeless women only)

(361) 575-5335

Gateway Project (through MCFS for chronically homeless men)

120 S Main, Suite 310
Victoria, TX 77901
(361) 575-7842
midcoastfamily.org

La Dominion Apts.

Referral only—3 homeless units
3605 E. Forrest, Victoria
(361) 572-4566

Fox Run Apts.

2008 Sam Houston
Victoria, TX
Based on income – 1-3 bedrooms available. Deposit depends on income. Apply on Tuesdays 9:30am-11:00am & 1:00 pm-3:00pm to get on wait list (current wait 6 mo-1 yr). *Must have some income*
(361) 578-2954

Fenner Square Apts.

555 S. Burke
Goliad, TX 77963
(361) 645-3393
32-unit complex for families below the 60% area median income

Leatherwood Terrace Apts.

105 Ellen May Rd.
Yoakum, TX 77995
(361) 293-5122
40-unit complex for very low to moderate income families and individuals

Refugio Elderly Housing

602 W. Commons Road

Refugio, TX 78377

(361) 526-4014

36-unit apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

211 Texas (*Rent payment assistance*)

Can call 2-1-1 for additional resources in your area or go to:

www.211texas.org

UTILITIES**Community Action**

Also assists with Water/Sewage Utility bills for Victoria County residents (max assistance \$100)

1007 Halsey, Victoria

572-0478

Lite-Up Texas

Provides qualified low-income individuals reduce the monthly cost of electric service.

1 (866) 454-8387

The Texas Department of Housing and Community Affairs (TDHCA)

Provides relief to those low income elderly and/or disabled households providing financial assistance, paying up to four of the highest bills during the year.

1 (877) 399-8939

Weatherization Assistance Program

Provides for energy related improvements to residences of low income Texans and educates consumers about energy conservation.

1 (888) 606-8889

Our Lady of Lourdes Catholic Church

361-575-3813

Our Lady of Sorrows Catholic Church

361-575-2293

Our Lady of Victory – St. Vincent ePaul

361-575-4741

St. Mary's Catholic Church

361-573-4328

211 Texas

Can also call 2-1-1 for additional resources in your area or go to:

www.211texas.org

CLOTHING ASSISTANCE

Calhoun County Community Ministries
361-552-1722

Cuero Area Ministerial Alliance
361-275-5022

Goliad County Outreach
361-645-2850

Goodwill Industries of South Texas
361-575-6242

Helping Hands of Jackson County
361-782-7543

Lavaca Assistance Ministry Body, Inc.
361-798-9111

Mid-Coast Family Services
361-575-7842

TRANSPORTATION

Medicaid Van
For transportation to medical treatment
Must call 48 hours in advance
Have your Medicaid number available when you call
1-877-633-8747

Texas Medicaid
800-252-8263

Victoria Transit
361-578-8775

Senior Citizens
Mon – Fri from 8:00 am – 3:00 pm
Must call 24 hours in advance to schedule
361-576-2189

211 Texas
Can call 2-1-1 for additional resources in your area or go to:
www.211texas.org

Most local Senior Citizens Centers also provide transportation to local seniors

SOCIAL SECURITY ASSISTANCE

Citizenshelpline.com

Can call for free consultation and possible assistance in applying for SSI benefits.
1-800-260-2032

GED/ESL

English as a Second Language & GED classes

Adult Education
Victoria College
2200 E Red River
Victoria, TX 77901
(361) 573-7323

Employment Assistance

Texas Workforce Solutions-Golden Crescent

120 S Main, Suite 110 1st and 2nd Floors
Victoria, TX 77901
(361) 578-0341

Job Seekers can register for work on the internet Work in Texas Program
One on one service for employment search
Training programs available
Computer training available
Project Rio—Job assistance for individuals on probation or parole

DARS Department of Assistive and Rehabilitative Services-Division for Rehabilitation

4102 N Navarro-Suite D-2
Victoria, TX 77901
(361) 580-5700
Fax: (361) 570-5720

Vocational Rehabilitative Services for persons with disabilities—Assistance with training, skill development, and seeking employment

Sleep Disorder Clinics

Premier Sleep Disorders Center

3 Locations:

111 North Park Victoria, TX 77901
124 E Walters St. Shiner, TX 77984
1811-A Broadway Rockport, TX 78382

(361) 572-9654

Fax: (361) 485-2233

If you have or suspect you have a sleeping disorder that's keeping you from living your life to the fullest.

Accepts almost all insurance, Medicaid, Medicare, Private Pay

Burks Family Practice, Sleep Disorders, Wellness, & Weight Management

2806 North Navarro Ste. C

Victoria, TX 77901

(361) 572-0054

Ages 2 to elderly

Most private insurances accepted along with Medicaid/Medicare

Walk-In Clinics

Twin Fountains

Dr. John McNeil and Desi Young, ENP-C

361-578-5730

3002 Sam Houston Drive

Victoria, TX 77904

www.twinfountainsclinics.com

Open 7 days a week; Weekdays 7 am to 7 pm & Weekends 9 am to 5 pm

Approx \$80 per visit. Does *NOT* accept Medicaid. Will refill most prescriptions but may not write new prescription for some psychiatric medications

Twin Fountains Urgent Care Center

108 Twin Fountains Dr, Victoria, TX 77904

(361) 578-3363

www.twinfountainsclinics.com

Open 7 days a week 7 am - 11 pm

Victoria Community Health Center

(Inside Pattie Dodson Building)

2805 Navarro, Suite 320

Victoria, TX 77901

361-574-1740

Open Mon 8 – 5; Tue 8 – 8; Wed – Fri 8 - 5

Behavioral Health Consultant- Cabrera; Dr. Long – Medical Nurse Practitioners also available (Medical & OBGYN)

Dental assistance is available through the Health Department

Each Individual is screened for program assistance. Examples of fees consist of \$25, \$35, \$50, etc. Dr. Cabrera can write and/or refill most psychiatric medications, but may defer on anti-psychotic meds.

Please call to make an appointment. Does not take walk-ins

The Corner Clinic

John Sheffel RN, FNP

361-576-4100

2806 N Navarro, St B (corner of Navarro and Airline)

Victoria, TX 77901

www.thecornerclinic.net

Open Mon – Fri 8:00 am – 6:00 pm; approx \$85 per visit – accepts Medicaid

(office will file, no cost out of pocket for Medicaid), Medicare, most private

*insurance also ****currently does NOT accept Driscoll or Amerigroup Medicaid*****

Texas Health Center

Dr. Starkey, Dr. Klein, Dr. Bouthillette, Kristin Wilke, PA-C

361-576-0330

4804 N. Navarro St. (next to Texas Roadhouse restaurant)

Victoria, TX

Open Mon 7:30 am – 6 pm and Tue-Fri 7:30 am – 5:00 pm

Does not accept assigned Medicare, however will file with Medicare. Patients

with Medicare must pay upfront.